

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	60m	Open		8.19 8.21	NWI -2.7	Charlotte Nielson Isabel Zhang	29/11/2020 1/12/2023
Womens	60m	U20		8.21	-2.7	Isabel Zhang	1/12/2023
Womens	60m	U18		8.21	-2.7	Isabel Zhang	1/12/2023
Womens	60m	U17		8.21	-2.7	Isabel Zhang	1/12/2023
Womens	60m	U16		8.21	-2.7	Isabel Zhang	1/12/2023
Womens	60m	U15		8.21	-2.7	Isabel Zhang	1/12/2023
Womens	60m	U14		8.19 9.04	NWI -3.2	Charlotte Nielson Adele Roche	29/11/2020 1/12/2023
Womens	60m	U13		8.83	-2.7	Amy Russo	1/12/2023
Womens	60m	35-39		10.86		Karoline Korfanty	2019
Womens	60m	40-44		9.28		Aggie Byers	2023
Womens	60m	45-49		11.11		Helen Rainey	2020
Womens	60m	50-54		9.73		Louise McLean	2017
Womens	60m	55-59		9.06		Louise McLean	2023
Womens	60m	60-64		8.90	1.5	Louise McLean	18/04/2025
Womens	60m	65-69		11.3		Marlene Gourlay	2017
Womens	60m	70+		13.60		Heather Carr	2019
Womens	100m	Open		11.8		Christine Byrne	2017
Womens	100m	U20		11.69 (w/a)		Christine Byrne	2017
Womens	100m	U18		11.69 (w/a)		Christine Byrne	2017
Womens	100m	U17		11.84 (11.6h)		Ella Green	2009
Womens	100m	U16		11.84 (11.6h)		Ella Green	2009
Womens	100m	U15		12.34		Claire Cutter	2006
Womens	100m	U14		12.54 (12.3h)		Kathy Hirst	1980
Womens	100m	U13		12.94 (12.7h)		Claire Cutter	2005
Womens	100m	35-39		13.14 (12.9h)		Margaret Dunbar	1976
Womens	100m	40-44		12.74 (12.5h)		Margaret Dunbar	1978
Womens	100m	45-49		13.44 (13.2h)		Margaret Dunbar	1983
Womens	100m	50-54		13.94 (13.7h)		Margaret Dunbar	1983
Womens	100m	55-59		14.40		Margaret Dunbar	1993
Womens	100m	60-64		14.82	2	Louise McLean	15/03/2025
Womens	100m	65-69		19.84		Marlene Gourlay	2017
Womens	100m	70+		21.61		Heather Carr	2020

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	200m	Open		23.43	1.3	Sophia Fighera	45465
Womens	200m	U20		24.12		Katie Chivers	2004
Womens	200m	U18		24.12		Katie Chivers	2004
Womens	200m	U17		24.65		Claire Cutter	2009
Womens	200m	U16		25.13		Ellia Green	2009
Womens	200m	U15		25.21		Julia Zaitseva	2023
Womens	200m	U14		25.57		Julia Zaitseva	2022
Womens	200m	U13		27.00	-0.4	Frankie Hyde	45675
Womens	200m	35-39		25.48	-0.7	Ashleigh Palmer	23/03/2024
Womens	200m	40-44		27.64		Margaret Dunbar	1978
Womens	200m	45-49		29.18		Evette Cordy	2022
Womens	200m	50-54		28.11	-0.7	Evette Cordy	6/01/2024
Womens	200m	55-59		32.05		Louise McLean	2022
Womens	200m	60-64		34.61		Joelle Jones	2023
Womens	200m	65-69		37.71		Marlene Gourlay	2017
Womens	200m	70-74		45.79		Heather Carr	2020
Womens	200m	75+		67.03		Gwen Steed	2020
Womens	400m	Open		50.78		Debbie Flintoff-King	1986
Womens	400m	U20		53.84 (53.7h)		Michelle Baumgartner	1981
Womens	400m	U18		55.47		Susie Knight	2006
Womens	400m	U17		56.12		Susie Knight	2005
Womens	400m	U16		56.12		Susie Knight	2005
Womens	400m	U15		56.5		Keana Tour-May	2008
Womens	400m	U14		57.95		Jazmin Firth	2022
Womens	400m	U13		59.41	-0.4	Frankie Hyde	45668
Womens	400m	35-39		58.76		Ashleigh Palmer	23/02/2024
Womens	400m	40-44		64.99		Delwyn Hewitt	2006
Womens	400m	45-49		62.43		Evette Cordy	2022
Womens	400m	50-54		62.66		Evette Cordy	15/02/2025
Womens	400m	55-59		82.15		Roz Walker	2023
Womens	400m	60-64		78.52		Roz Walker	16/03/2024
Womens	400m	65-69		84.47		Marlene Gourlay	2017
Womens	400m	70+		101.67		Heather Carr	2020

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	600m	Open		1:35.7		Claudia Carter	2019
Womens	600m	U20		1.40.92		Tanasha Santosh	44164
Womens	600m	U18		1.40.92		Tanasha Santosh	44164
Womens	600m	U17		140.92		Tanasha Santosh	44164
Womens	600m	U16		1.40.92		Tanasha Santosh	44164
Womens	600m	U15		1.40.92		Tanasha Santosh	44164
Womens	600m	U14		01:40.9		Tanasha Santosh	2020
Womens	600m	U13		01:56.5		Jazmin Firth	2020
Womens	600m	35-39				Not Claimed	
Womens	600m	40-44		02:09.7		Aggie Byers	
Womens	600m	45-49		02:20.3		Helen Rainey	
Womens	600m	50-54		02:18.3		Kara Gilbert	
Womens	600m	55-59		02:14.9		Roz Walker	
Womens	600m	60-64				Not Claimed	
Womens	600m	65-69				Not Claimed	
Womens	600m	70+		02:40.4		Heather Carr	
Womens	800m	Open		02:01.1h 02:01.22		Michelle Baumgartner Kelly Hetherington	1982 2014
Womens	800m	U20		02:01.1h		Michelle Baumgartner	1982
Womens	800m	U18		02:06.05		Sophie O'Sullivan	2018
Womens	800m	U17		02:06.05		Sophie O'Sullivan	2018
Womens	800m	U16		02:08.39		Sophie O'Sullivan	2017
Womens	800m	U15		02:12.29		Keana Tour-May	2008
Womens	800m	U14		02:13.71		Keana Tour-May	2007
Womens	800m	U13		2.16.22		Frankie Hyde	5/04/2025
Womens	800m	35-39		02:15.2		Brenda Carr	1976
Womens	800m	40-44		02:22.7		Delwyn Hewitt	2008
Womens	800m	45-49		02:19.26		Evette Cordy	2023
Womens	800m	50-54		2.18.15		Evette Cordy	22/02/2025
Womens	800m	55-59		03:05.3		Roz Walker	2022
Womens	800m	60-64		2.57.16		Roz Walker	17/03/2024
Womens	800m	65-69		03:21.0		Marlene Gourlay	2017
Womens	800m	70+		03:45.2		Heather Carr	2020

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	1000m	50-54		3.06.36		Evette Cordy	6/03/2025
Womens	1500m	Open		4.00.23		Sophie O'Sullivan	45510
Womens	1500m	U20		04:22.22		Sophie O'Sullivan	2018
Womens	1500m	U18		04:22.22		Sophie O'Sullivan	2018
Womens	1500m	U17		04:22.22		Sophie O'Sullivan	2018
Womens	1500m	U16		4.26.91		Mia Jade Gray	27/03/2025
Womens	1500m	U15		04:34.9h		Madison King	2022
Womens	1500m	U14		04.39.20		Keana Tour-May	2007
Womens	1500m	U13		04:47.37		Sophie O'Sullivan	2014
Womens	1500m	35-39		04:34.4		Brenda Carr	
Womens	1500m	40-44		04:47.6		Delwyn Hewitt	
Womens	1500m	45-49		04:47.56		Delwyn Hewitt	
Womens	1500m	50-54		4.56.63		Evette Cordy	24/08/2024
Womens	1500m	55-59		05:54.58		Kim Nanscawen	
Womens	1500m	60-64		5.54.3		Roz Walker	16/03/2024
Womens	1500m	65-69		06:19.57		Marlene Gourlay	
Womens	1500m	70+		07:31.29		Heather Carr	
Womens	3000m	Open		8.42.82		Maudie Skyring	29/03/2025
Womens	3000m	U20		9:24.50		Madison King	9/03/2023
Womens	3000m	U18		9:24.50		Madison King	9/03/2023
Womens	3000m	U17		9:24.50		Madison King	9/03/2023
Womens	3000m	U16		9:24.50		Madison King	9/03/2023
Womens	3000m	U15		9:52.20		Madison King	44905
Womens	3000m	U14		10.27.91		Arabella East	45610
Womens	3000m	U13				Not Claimed	
Womens	3000m	35-39		10:11.6		Brenda Carr	1976
Womens	3000m	40-44		10:37.8		Delwyn Hewitt	2009
Womens	3000m	45-49		10:28.4		Delwyn Hewitt	2010
Womens	3000m	50-54		13:49.8h		Kara Gilbert	2022
Womens	3000m	55-59		13:56.2h		Rozlyn Walker	2022
Womens	3000m	60-64		13.05.45		Roz Walker	17/02/2024
Womens	3000m	65-69				Not Claimed	
Womens	3000m	70+		15:49.7		Heather Carr	2020

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	5000m	Open		14:41.0h		Sonia O'Sullivan	2001
Womens	5000m	U20		17:05.38		Juliet McBurney	2019
Womens	5000m	U18		17:05.38		Juliet McBurney	2019
Womens	5000m	U17		18.21.29		Serena Bryant	28/11/2024
Womens	5000m	U16		18.21.29		Serena Bryant	28/11/2024
Womens	5000m	U15				Not Claimed	
Womens	5000m	U14				Not Claimed	
Womens	5000m	U13				Not Claimed	
Womens	5000m	35-39		17:31.50		Vanessa Wilson	
Womens	5000m	40-44		15:41.26		Sinead Diver	
Womens	5000m	45-49		18:39.8		Delwyn Hewitt	
Womens	5000m	50-54		19:40.0		Sonia O'Sullivan	
Womens	5000m	55-59		21:59.19		Kim Nanscawen	
Womens	5000m	60-64		23:23.6		Marlene Gourlay	
Womens	5000m	65-69		24:23.0		Marlene Gourlay	
Womens	5000m	70+		27:53.9		Heather Carr	
Womens	10000m	Open		30:53.4		Sonia O'Sullivan	
Womens	10000m	U20				Not Claimed	
Womens	10000m	U18				Not Claimed	
Womens	10000m	U17				Not Claimed	
Womens	10000m	U16				Not Claimed	
Womens	10000m	U15				Not Claimed	
Womens	10000m	U14				Not Claimed	
Womens	10000m	U13				Not Claimed	
Womens	10000m	35-39				Not Claimed	
Womens	10000m	40-44		31:25.49		Sinead Diver	28/919
Womens	10000m	45-49				Not Claimed	
Womens	10000m	50-54				Not Claimed	
Womens	10000m	55-59				Not Claimed	
Womens	10000m	60-64		53:05.9		Lisa Deramond	
Womens	10000m	65-69				Not Claimed	
Womens	10000m	70+				Not Claimed	
Womens	Half Marathon	Open		1:08:28		Benita Willis	2007

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	Half Marathon	U20				Not claimed	
Womens	Half Marathon	U18				Not Claimed	
Womens	Half Marathon	U17				Not Claimed	
Womens	Half Marathon	U16				Not Claimed	
Womens	Half Marathon	U15				Not Claimed	
Womens	Half Marathon	U14				Not Claimed	
Womens	Half Marathon	U13				Not Claimed	
Womens	Half Marathon	35-39		1:20:59		Cassie Little	2022
Womens	Half Marathon	40-44		1:08:50		Sinead Diver	2020
Womens	Half Marathon	45-49		1:09:00		Sinead Diver	2022
Womens	Half Marathon	50-54		2:27:44		Robyn Fletcher	2022
Womens	Half Marathon	55-59		1:42:07		Kim Nanscawen	2022
Womens	Half Marathon	60-64		1.49.19.1		Kim Nanscawen	27/04/2025
Womens	Half Marathon	65-69				Not Claimed	
Womens	Half Marathon	70+				Not Claimed	
Womens	Marathon	Open		2:21:34		Sinead Diver	44899
Womens	Marathon	U20				Not Claimed	
Womens	Marathon	U18				Not Claimed	
Womens	Marathon	U17				Not Claimed	
Womens	Marathon	U16				Not Claimed	
Womens	Marathon	U15				Not Claimed	
Womens	Marathon	U14				Not Claimed	
Womens	Marathon	U13				Not Claimed	
Womens	Marathon	35-39		2:47:07		Cassie Little	2022
Womens	Marathon	40-44		2:24:11		Sinead Diver	2019
Womens	Marathon	45-49		2:21:34		Sinead Diver	2023
Womens	Marathon	50-54		4:59:24		Robyn Fletcher	2022
Womens	Marathon	55-59				Not Claimed	
Womens	Marathon	60-64				Not Claimed	
Womens	Marathon	65-69				Not Claimed	
Womens	Marathon	70+				Not Claimed	

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	2000m Steeplechase	Open		7:16.92		Juliet McBurney	
Womens	2000m Steeplechase	U20		7:16.92		Juliet McBurney	
Womens	2000m Steeplechase	U18		7:16.92		Juliet McBurney	
Womens	2000m Steeplechase	U17		7:16.92		Juliet McBurney	
Womens	2000m Steeplechase	U16		7:37.69		Chynea Lang	
Womens	2000m Steeplechase	U15		7:30.19		Madeleine Wilson	
Womens	2000m Steeplechase	U14		8:03.48		Kaori Nakase	
Womens	2000m Steeplechase	U13		8:10.22		Kaori Nakase	
Womens	2000m Steeplechase	35-39		7:27.50		Julia Edwards	
Womens	2000m Steeplechase	40-44		7.38.7h		Delwyn Hewitt	
Womens	2000m Steeplechase	45-49				Not Claimed	
Womens	2000m Steeplechase	50-54		12:22.6		Vicki Charles	
Womens	2000m Steeplechase	55-59				Not Claimed	
Womens	2000m Steeplechase	60-64		12:32.2		Victoria Haritos	
Womens	2000m Steeplechase	65-69		9:41.2		Marlene Gourlay	
Womens	2000m Steeplechase	70-74		11:38.8		Heather Carr	
Womens	2000m Steeplechase	75-79		13.30.21		Heather Carr	13/08/2024
Womens	3000m Steeplechase	Open		9.14.28		Genevieve Lacaze	42609
Womens	3000m Steeplechase	U20		10.40.51		Juliet McBurney	43890
Womens	3000m Steeplechase	U20				Not Claimed	
Womens	3000m Steeplechase	U18				Not Claimed	
Womens	3000m Steeplechase	U17				Not Claimed	
Womens	3000m Steeplechase	U16				Not Claimed	
Womens	3000m Steeplechase	U16				Not Claimed	
Womens	3000m Steeplechase	U15				Not Claimed	
Womens	3000m Steeplechase	35-39				Not Claimed	
Womens	3000m Steeplechase	40-44				Not Claimed	
Womens	3000m Steeplechase	45-49				Not Claimed	
Womens	3000m Steeplechase	50-54				Not Claimed	
Womens	3000m Steeplechase	55-59				Not Claimed	
Womens	3000m Steeplechase	60-64				Not Claimed	
Womens	3000m Steeplechase	65-69				Not Claimed	
Womens	3000m Steeplechase	70+				Not Claimed	

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	Sprint Hurdles	Open	100m 10ft 84.0cm	14.82	0.2	Alice Hollingsworth	8/03/2025
Womens	Sprint Hurdles	U20	100m 10ft 84.0cm	14.82	0.2	Alice Hollingsworth	8/03/2025
Womens	Sprint Hurdles	U18	100m 10ft 76.2cm	14.17		Aisling O'Connor-Buckley	2019
Womens	Sprint Hurdles	U17	100m 10ft 76.2cm	14.17		Aisling O'Connor-Buckley	2019
Womens	Sprint Hurdles	U16	90m 9ft 76.2cm	12.6	1.1	Laura Wong	45347
Womens	Sprint Hurdles	U15	90m 9ft 76.2cm	12.84	1.4	Laura Wong	45228
Womens	Sprint Hurdles	U14	80m 8ft 76.2cm	12.30		Laura Wong	2022
Womens	Sprint Hurdles	U13	80m 8ft 76.2cm	13.02		Laura Wong	2021
Womens	Sprint Hurdles	35-39	100m 84.0cm			Not Claimed	
Womens	Sprint Hurdles	40-44	90m 76.2cm	18.89		Kylie Hodges	
Womens	Sprint Hurdles	40-44	80m 76.2cm	14.80		Aggie Byers	44975
Womens	Sprint Hurdles	45-49	80m 76.2cm	16.1	-1.6	Aggie Byers	18/11/2023
Womens	Sprint Hurdles	50-54	80m 76.2cm	17.78		Louise McLean	
Womens	Sprint Hurdles	55-59	80m 8ft 68.6cm			Not Claimed	
Womens	Sprint Hurdles	60-64	80m 8ft 68.6cm			Not Claimed	
Womens	Sprint Hurdles	65-69	80m 8ft 68.6cm			Not Claimed	
Womens	Sprint Hurdles	70+	80m 8ft 68.6cm			Not Claimed	
Womens	Long Hurdles	Open	400m 10ft 76.2cm	53.17		Debbie Flintoff-King	1989
Womens	Long Hurdles	U20	400m 10ft 76.2cm	63.29		Isabelle Flook	
Womens	Long Hurdles	U18	400m 10ft 76.2cm	63.29		Isabelle Flook	
Womens	Long Hurdles	U17	400m 10ft 76.2cm	63.29		Isabelle Flook	
Womens	Long Hurdles	U16	200m 10ft 76.2cm	28.99		Ally Brammer	
Womens	Long Hurdles	U15	200m 10ft 76.2cm	30.11		Laura Wong	
Womens	Long Hurdles	U14	200m 10ft 76.2cm	30.59		Laura Wong	
Womens	Long Hurdles	U13	200m 10ft 76.2cm	31.83		Gemma Craddock	
Womens	Long Hurdles	35-39		60.96		Ashleigh Palmer	2/03/2024
Womens	Long Hurdles	40-44				Not Claimed	
Womens	Long Hurdles	45-49		107.64		Kylie Hodges	
Womens	Long Hurdles	50-54		72.55		Vicki Charles	
Womens	Long Hurdles	55-59				Not Claimed	
Womens	Long Hurdles	60-64				Not Claimed	
Womens	Long Hurdles	65-69				Not Claimed	
Womens	Long Hurdles	70+				Not Claimed	

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	1500m Walk	Open		6:53.15		Simone McInnes	2015
Womens	1500m Walk	U20		7:16.9		Teresa Buckingham	1982
Womens	1500m Walk	U18		7:16.9		Teresa Buckingham	1982
Womens	1500m Walk	U17		7:16.9		Teresa Buckingham	1982
Womens	1500m Walk	U16		7:16.9		Teresa Buckingham	1982
Womens	1500m Walk	U15		7:36.9		Deanne Hutton	1993
Womens	1500m Walk	U14		7:51.6		Lynette Hughan	1977
Womens	1500m Walk	U13		7:51.6		Lynette Hughan	1977
Womens	1500m Walk	35-39				Not Claimed	
Womens	1500m Walk	40-44		7:56.0		Janet Holmes	1998
Womens	1500m Walk	45-49		7:47.0		Janet Holmes	2000
Womens	1500m Walk	50-54		7:49.8		Janet Holmes	2005
Womens	1500m Walk	55-59				Not Claimed	
Womens	1500m Walk	60-64				Not Claimed	
Womens	1500m Walk	65-69		7:52.72		Heather Carr	2016
Womens	1500m Walk	70-74		8:37.2		Heather Carr	2020
Womens	1500m Walk	75-79		10:06		Heather Carr	26/04/2025
Womens	1500m Walk	80+		10:37.7		Gwen Steed	21/10/2023
Womens	2000m Walk	Open		8:41.6h		Simone McInnes	2017
Womens	2000m Walk	U20		9:35.7		Deanne Hutton	1996
Womens	2000m Walk	U18		9:35.7		Deanne Hutton	1996
Womens	2000m Walk	U17		9:35.7		Deanne Hutton	1966
Womens	2000m Walk	U16				Not Claimed	
Womens	2000m Walk	U15		12:21.20		Chloe Kaufman	2020
Womens	2000m Walk	U14		13:55.9h		Olin Buisman	2023
Womens	2000m Walk	U13				Not Claimed	
Womens	2000m Walk	35-39		12:33.90		Cassie Little	2020
Womens	2000m Walk	40-44		11:03.0		Janet Holmes	1998
Womens	2000m Walk	45-49		10:23.5		Janet Holmes	2001
Womens	2000m Walk	50-54		10:34.5		Janet Holmes	2004
Womens	2000m Walk	55-59		12:00.3		Roz Walker	2020
Womens	2000m Walk	60-64				Not Claimed	
Womens	2000m Walk	65-69		10:52.2		Heather Carr	2016
Womens	2000m Walk	70-74		11:47.0		Heather Carr	2019

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	2000m Walk	75-79		13:34.9		Gwen Steed	2020
Womens	2000m Walk	80+		14:17.8h		Gwen Steed	2022
Womens	3000m Walk	Open		13:11.0h		Simone McInnes	2018
Womens	3000m Walk	U20		14:34.9		Deanne Hutton	1996
Womens	3000m Walk	U18		14:34.9		Deanne Hutton	1996
Womens	3000m Walk	U17		14:34.9		Deanne Hutton	1996
Womens	3000m Walk	U16		15:28.8		Teresa Buckingham	1981
Womens	3000m Walk	U15		15:28.8		Teresa Buckingham	1981
Womens	3000m Walk	U14		16:31.5		Teresa Buckingham	1980
Womens	3000m Walk	U13		17:14.2		Lynette Hughan	1978
Womens	3000m Walk	35-39				Not Claimed	
Womens	3000m Walk	40-44		17:11.0		Janet Holmes	1998
Womens	3000m Walk	45-49		16:51.0		Janet Holmes	2001
Womens	3000m Walk	50-54		16:33.8h		Kylie Irshad	2022
Womens	3000m Walk	55-59		21:57.4h		Roz Walker	2021
Womens	3000m Walk	60-64		17:44.6		Marlene Gourlay	2016
Womens	3000m Walk	65-69		16:55.8		Heather Carr	2016
Womens	3000m Walk	70-74		17:50.6		Heather Carr	2020
Womens	3000m Walk	75-79		20.04.05		Gwen Steed	21/10/2017
Womens	3000m Walk	80+		21:41.3h		Gwen Steed	2022
Womens	5000m Walk	Open		29.20.0h		Kylie Irshad	44822
Womens	5000m Walk	U20				Not Claimed	
Womens	5000m Walk	U18				Not Claimed	
Womens	5000m Walk	U17				Not Claimed	
Womens	5000m Walk	U16				Not Claimed	
Womens	5000m Walk	U15				Not Claimed	
Womens	5000m Walk	U14				Not Claimed	
Womens	5000m Walk	U13				Not Claimed	
Womens	5000m Walk	35-39				Not Claimed	
Womens	5000m Walk	40-44				Not Claimed	
Womens	5000m Walk	45-49				Not Claimed	
Womens	5000m Walk	50-54		30:45.69		Kylie Irshad	2022
Womens	5000m Walk	55-59				Not Claimed	
Womens	5000m Walk	60-64				Not Claimed	

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	5000m Walk	65-69				Not Claimed	
Womens	5000m Walk	70-74		33:22.23		Heather Carr	2022
Womens	5000m Walk	75-79		33.17		Heather Carr	7/09/2024
Womens	5000m Walk	80-84		37.22		Gwen Steed	7/09/2023
Womens	10000m Walk	Open		02.37.2h		Kyle Irshad	44905
Womens	10000m Walk	U20				Not Claimed	
Womens	10000m Walk	U18				Not Claimed	
Womens	10000m Walk	U17				Not Claimed	
Womens	10000m Walk	U16				Not Claimed	
Womens	10000m Walk	U15				Not Claimed	
Womens	10000m Walk	U14				Not Claimed	
Womens	10000m Walk	U13				Not Claimed	
Womens	10000m Walk	35-39				Not Claimed	
Womens	10000m Walk	40-44				Not Claimed	
Womens	10000m Walk	45-49				Not Claimed	
Womens	10000m Walk	50-54		1:02:45		Kylie Irshad	2022
Womens	10000m Walk	55-59				Not Claimed	
Womens	10000m Walk	60-64				Not Claimed	
Womens	10000m Walk	65-69				Not Claimed	
Womens	10000m Walk	70-74		1:15:45		Heather Carr	2022
Womens	10000m Road Walk	75-79		1.14.39		Heather Carr	18/04/2025
Womens	10000m Road Walk	80-84		1.18.41		Gwen Steed	18/04/2025
Womens	20000m Walk	Open				Not Claimed	
Womens	20000m Walk	U20				Not Claimed	
Womens	20000m Walk	U18				Not Claimed	
Womens	20000m Walk	U17				Not Claimed	
Womens	20000m Walk	U16				Not Claimed	
Womens	20000m Walk	U15				Not Claimed	
Womens	20000m Walk	U14				Not Claimed	
Womens	20000m Walk	U13				Not Claimed	
Womens	20000m Walk	35-39				Not Claimed	
Womens	20000m Walk	40-44				Not Claimed	
Womens	20000m Walk	45-49				Not Claimed	
Womens	20000m Walk	50-54				Not Claimed	

<i>Sex</i>	<i>Event</i>	<i>Record</i>	<i>Specifications</i>	<i>Performance</i>	<i>Wind</i>	<i>Name</i>	<i>Date</i>
Womens	20000m Walk	55-59				Not Claimed	
Womens	20000m Walk	60-64				Not Claimed	
Womens	20000m Walk	65-69				Not Claimed	
Womens	20000m Walk	70+				Not Claimed	
Womens	35000m Walk	Open				Not Claimed	
Womens	35000m Walk	U20				Not Claimed	
Womens	35000m Walk	U18				Not Claimed	
Womens	35000m Walk	U17				Not Claimed	
Womens	35000m Walk	U16				Not Claimed	
Womens	35000m Walk	U15				Not Claimed	
Womens	35000m Walk	35-39				Not Claimed	
Womens	35000m Walk	40-44				Not Claimed	
Womens	35000m Walk	45-49				Not Claimed	
Womens	35000m Walk	50-54				Not Claimed	
Womens	35000m Walk	55-59				Not Claimed	
Womens	35000m Walk	60-64				Not Claimed	
Womens	35000m Walk	65-69				Not Claimed	
Womens	35000m Walk	70+				Not Claimed	
Womens	50000m Walk	Open				Not Claimed	
Womens	50000m Walk	U20				Not Claimed	
Womens	50000m Walk	U18				Not Claimed	
Womens	50000m Walk	U17				Not Claimed	
Womens	50000m Walk	U16				Not Claimed	
Womens	50000m Walk	U15				Not Claimed	
Womens	50000m Walk	35-39				Not Claimed	
Womens	50000m Walk	40-44				Not Claimed	
Womens	50000m Walk	45-49				Not Claimed	
Womens	50000m Walk	50-54				Not Claimed	
Womens	50000m Walk	55-59				Not Claimed	
Womens	50000m Walk	60-64				Not Claimed	
Womens	50000m Walk	65-69				Not Claimed	
Womens	50000m Walk	70+				Not Claimed	

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	Multi-event	Open		4362 200m 25.86 800m 2:36.27 100mh 15.18 High Jump 1.37 Long Jump 5.45 Shot Put 10.13 Javelin 26.69		Isabella Hollins	10/04/2025
Womens	Multi-event	U20		4362 200m 25.86 800m 2:36.27 100mh 15.18 High Jump 1.37 Long Jump 5.45 Shot Put 10.13 Javelin 26.69		Isabella Hollins	10/04/2025
Womens	Multi-event	U18		4358 points		Isabella Hollins	2023
Womens	Multi-event	U17		4075 points		Isabella Hollins	2023
Womens	Multi-event	U16		4425 points		Jessica Kaufman	2008
Womens	Multi-event	U15				Not claimed	
Womens	Multi-event	U14		4359 points		Jazmin Firth	2022
Womens	Multi-event	U13		3363 points		Jazmin Firth	2021
Womens	Multi-event	35-39				Not Claimed	
Womens	Multi-event	40-44		2087 points		Aggie Byers	2021
Womens	Multi-event	45-49				Not Claimed	
Womens	Multi-event	50-54				Not Claimed	
Womens	Multi-event	55-59				Not Claimed	
Womens	Multi-event	60-64				Not Claimed	
Womens	Multi-event	65-69				Not Claimed	
Womens	Multi-event	70+				Not Claimed	
Womens	High Jump	Open		1.80m		Molly Grau	2012
Womens	High Jump	U20		1.75m		Polly Dean-Johns	44258
Womens	High Jump	U18		1.75m		Polly Dean-Johns	44258
Womens	High Jump	U17		1.75m		Polly Dean-Johns	2021
Womens	High Jump	U16		1.68m		Polly Dean-Johns	2019
Womens	High Jump	U15		1.68m		Polly Dean-Johns	2019

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	High Jump	U14		1.61m		Natasha Biggs	1995
Womens	High Jump	U13		1.57m		Tracey Smith	1979
Womens	High Jump	35-39		1.39m		Anna Ross	2022
Womens	High Jump	40-44		1.11m		Aggie Byers	2021
Womens	High Jump	45-49		1.16m		Lyn Scarff	1982
Womens	High Jump	50-54		1.15m		Toni Matters	2020
Womens	High Jump	55-59		1.00m		Lydia Widera	1983
Womens	High Jump	60-64		1.15m		Victoria Haritos	2021
Womens	High Jump	65-69				Not Claimed	
Womens	High Jump	70+				Not Claimed	
Womens	Long Jump	Open		6.33m		Chris Sharp	1989
Womens	Long Jump	U20		5.87m		Ellia Green	2010
Womens	Long Jump	U18		5.87m		Ellia Green	2010
Womens	Long Jump	U17		5.87m		Ellia Green	2010
Womens	Long Jump	U16		5.70m		Kym Bell	1984
Womens	Long Jump	U15		5.70m		Kym Bell	1984
Womens	Long Jump	U14		5.24m		Kym Bell	1983
Womens	Long Jump	U13		4.93m		Louise Buckley	1978
Womens	Long Jump	40-44		3.97m		Kylie Hodges	2016
Womens	Long Jump	40-44		3.97m		Kylie Hodges	2016
Womens	Long Jump	45-49		4.00m		Margaret Dunbar	1983
Womens	Long Jump	50-54		3.90m		Margaret Dunbar	1988
Womens	Long Jump	55-59		3.72m		Margaret Dunbar	1993
Womens	Long Jump	60-64		2.68m		Victoria Haritos	2022
Womens	Long Jump	65-69		3.35m		Lydia Widera	1991
Womens	Long Jump	70+		1.70m		Heather Carr	2020
Womens	Triple Jump	Open		13.16m		Linda Allen	2012
Womens	Triple Jump	U20		12.31m	2.0	Allegra Orso	45612
Womens	Triple Jump	U18		12.31m	2.0	Allegra Orso	45612
Womens	Triple Jump	U17		12.31m	2.0	Allegra Orso	45612
Womens	Triple Jump	U16		12.09	3.2	Allegra Orso	45270
Womens	Triple Jump	U15		11.78m		Allegra Orso	2023
Womens	Triple Jump	U14		10.75m		Tahli Greenwood	2000
Womens	Triple Jump	U13		10.70m	0.9	Elea Vagedes	6/04/2025

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	Triple Jump	35-39		5.58m		Anshua Kankanamage	2020
Womens	Triple Jump	40-44		8.42m		Anita Seuntjens	2002
Womens	Triple Jump	45-49		7.78m		Kylie Hodges	2018
Womens	Triple Jump	50-54		7.70m		Louise McLean	2018
Womens	Triple Jump	55-59				Not Claimed	
Womens	Triple Jump	60-64		5.55m		Marlene Gourlay	2016
Womens	Triple Jump	65-69				Not Claimed	
Womens	Triple Jump	70+				Not Claimed	
Womens	Pole Vault	Open		3.60m		Sophie Lichoudaris	2010
Womens	Pole Vault	U20		3.60m		Sophie Lichoudaris	2010
Womens	Pole Vault	U18		3.60m		Sophie Lichoudaris	2010
Womens	Pole Vault	U17		3.60m		Sophie Lichoudaris	2010
Womens	Pole Vault	U16		3.40m		Sophie Lichoudaris	2009
Womens	Pole Vault	U15		3.10m		Rebecca Weisz	1996
Womens	Pole Vault	U14		3.05m		Jacqui Robbins	1996
Womens	Pole Vault	U13		3.05m		Jacqui Robbins	1996
Womens	Pole Vault	35-39				Not Claimed	
Womens	Pole Vault	40-44				Not Claimed	
Womens	Pole Vault	45-49				Not Claimed	
Womens	Pole Vault	50-54		1.95m		Vicki Charles	2016
Womens	Pole Vault	55-59				Not Claimed	
Womens	Pole Vault	60-64				Not Claimed	
Womens	Pole Vault	65-69				Not Claimed	
Womens	Pole Vault	70+				Not Claimed	
Womens	Shot Put	Open	4kg	16.43m		Margaret Satupai	2010
Womens	Shot Put	U20	4kg	16.43m		Margaret Satupai	2010
Womens	Shot Put	U18	4kg*	15.94m		Margaret Satupai	2011
Womens	Shot Put	U17	4kg*	15.02m		Margaret Satupai	2009
Womens	Shot Put	U16	4kg*	14.62m		Margaret Satupai	2008
Womens	Shot Put	U15	4kg*	14.44m		Margaret Satupai	2007
Womens	Shot Put	U14	3kg	16.17m		Margaret Satupai	2006
Womens	Shot Put	U13	3kg	12.51m		Kimberley Mulhall	2004
Womens	Shot Put	35-39	4kg	7.90m		Margaret Dunbar	1976
Womens	Shot Put	40-44	4kg	7.92m		Bernadette McGrath	1985

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	Shot Put	45-49	4kg	10.23m		Isabelle DeNeefe	1980
Womens	Shot Put	50-54	3kg	10.25m		Toni Matters	2019
Womens	Shot Put	55-59	3kg	9.83m		Toni Matters	2023
Womens	Shot Put	60-64	3kg	8.78m		Lydia Widera	1986
Womens	Shot Put	65-69	3kg	8.63m		Lydia Widera	1991
Womens	Shot Put	70+	2kg	6.63m		Margaret Dunbar	2008
Womens	Discus	Open	1kg	52.67m		Margaret Satupai	2011
Womens	Discus	U20	1kg	52.67m		Margaret Satupai	2011
Womens	Discus	U18	1kg	50.94m		Margaret Satupai	2010
Womens	Discus	U17	1kg	48.35m		Margaret Satupai	2008
Womens	Discus	U16	1kg	46.94m		Margaret Satupai	2006
Womens	Discus	U15	1kg	46.94m		Margaret Satupai	2006
Womens	Discus	U14	1kg	44.32m		Margaret Satupai	2005
Womens	Discus	U13	1kg*	36.00m		Phoebe Sloane	2007
Womens	Discus	50-54	1kg	38.8m		Isabelle DeNeefe	1987
Womens	Discus	50-54	1kg	38.8m		Isabelle DeNeefe	1987
Womens	Discus	50-54	1kg	38.8m		Isabelle DeNeefe	1987
Womens	Discus	50-54	1kg	38.8m		Isabelle DeNeefe	1987
Womens	Discus	55-59	1kg	30.06m		Toni Matters	2023
Womens	Discus	60-64	1kg	25.62m		Lydia Widera	1986
Womens	Discus	65-69	1kg	24.78m		Lydia Widera	1991
Womens	Discus	70-74	1kg	11.46m		Heather Carr	2021
Womens	Discus	75+	1kg	8.52m		Gwen Steed	2020
Womens	Discus	70+	750gm	18.09m		Margaret Dunbar	2008
Womens	Javelin	Open	600gm	43.74m		Katherine Worotnicki	2004
Womens	Javelin	U20	600gm	43.74m		Katherine Worotnicki	2004
Womens	Javelin	U18	600gm	43.74m		Katherine Worotnicki	2004
Womens	Javelin	U17	600gm	41.49m		Niki Aspris	1998
Womens	Javelin	U16	500gm	41.46m		Gemma Craddock	2009
Womens	Javelin	U16	600gm	41.13m		Jessica Kaufman	1997
Womens	Javelin	U15	500gm	41.87m		Gemma Craddock	2020
Womens	Javelin	U15	600gm	40.44m		Andrea Aspris	2020
Womens	Javelin	U14	400gm	41.21m		Kimberley Mulhall	2005
Womens	Javelin	U13	400gm	34.56m		Kimberley Mulhall	2004

Sex	Event	Record	Specifications	Performance	Wind	Name	Date
Womens	Javelin	35-39	600gm	22.38m		Karen Wise	1988
Womens	Javelin	40-44	600gm	26.40m		Bernadette McGrath	1984
Womens	Javelin	45-49	600gm	24.66m		Bernadette McGrath	1987
Womens	Javelin	50-54	500gm	29.29m		Toni Matters	2019
Womens	Javelin	55-59	500gm	26.13m		Toni Matters	2023
Womens	Javelin	60-64	400gm	16.38m		Victoria Haritos	2022
Womens	Javelin	65-69	400gm	21.18m		Lydia Widera	1993
Womens	Javelin	70-74	400gm	12.58m		Heather Carr	2023
Womens	Javelin	75+		8.17m		Heather Carr	5/10/2024
Womens	Hammer Throw	Open	4kg	55.12m		Denise Passmore	1994
Womens	Hammer Throw	U20	4kg	55.12m		Denise Passmore	1994
Womens	Hammer Throw	U18	4kg	49.56m		Denise Passmore	1992
Womens	Hammer Throw	U17	4kg	48.78m		Denise Passmore	1991
Womens	Hammer Throw	U16	4kg	42.54m		Denise Passmore	1990
Womens	Hammer Throw	U15	4kg	41.64m		Denise Passmore	1989
Womens	Hammer Throw	U14	4kg	39.34m		Kimberley Mulhall	2005
Womens	Hammer Throw	U13	4kg	20.56m		Denise Passmore	1987
Womens	Hammer Throw	35-39	4kg	13.09m		Anna Ross	2023
Womens	Hammer Throw	40-44	4kg	25.28m		Bernadette McGrath	1986
Womens	Hammer Throw	45-49	4kg	35.08m		Jan Davies	1990
Womens	Hammer Throw	50-54	3kg	41.56m		Jan Davies	1992
Womens	Hammer Throw	55-59	3kg	31.45m		Sandra Howarth	2018
Womens	Hammer Throw	60-64	3kg	30.46m		Lydia Widera	1986
Womens	Hammer Throw	65-69	3kg	33.00m		Lydia Widera	1991
Womens	Hammer Throw	70+	2kg			Not Claimed	

Record is pending or under review

*State Record

**National record