

Sex	Event	Record	Performance	Name	Date
Women	4x100m	Open	47.44	Debbie Flintoff-King, Nicki Webb, Chris Sharp, Diane Groves	1984
Women	4x100m	Under 14	50.95	Olivia Wilson, Imogen Brownjohn, Frankie Hyde, Harper Chirgwin	24/11/2024
Women	4x100m	Under 16	49.67	Adele Roche, Laura Wong, Allegra Orso, Julia Zaitseva	25/11/2023
Women	4x100m	Under 18	48.4	Kathy Hurst, Joanne Watt, Joanne Green, Michelle Baumgarten	1981
Women	4x100m	Under 20	48.4	Kathy Hurst, Joanne Watt, Joanne Green, Michelle Baumgarten	1981
Women	4x100m	40+	59.58	Aggie Byers, Evette Cordy, Kara Gilbert, Louise Mclean	2022
Women	4x100m	50+	61.04	Jo Whittle, Evette Cordy, Natalie Baumgurtel, Louise Mclean	24/11/2024
Women	4x100m	60+	75.54	Victoria Haritos, Nanci Moore, Michele Forbes, Joelle Jones	24/11/2024
Women	4x200m	Open	1:37.3	Debbie Flintoff-King, Nicki Webb, Chris Sharp, Lindley Longstaff	1985
Women	4x200m	Under 14	1.47.95	Sara Paszko, Imogen Brownjohn, Frankie Hyde, Harper Chirgwin	24/11/2024
Women	4x200m	Under 16	1.47.95	Sara Paszko, Imogen Brownjohn, Frankie Hyde, Harper Chirgwin	24/11/2024
Women	4x200m	Under 18	1.43.25	Alice Hollingsworth, Antonina Tyurina, Jazmin Firth, Julia Zaitseva	24/11/2024
Women	4x200m	Under 20	1.43.25	Alice Hollingsworth, Antonina Tyurina, Jazmin Firth, Julia Zaitseva	24/11/2024
Women	4x200m	40+	2:13.9	Kellie Macknamara, Roz Walker, Helen Rainey, Heather Carr	2019
Women	4x200m	50+	2.21.31	Svitlana Korchova, Silvana Marasco, Helen Rainey, Natalie Baumgurtel	24/11/2024
Women	4x200m	60+	2.36.34	Victoria Haritos, Nanci Moore, Michele Forbes, Joelle Jones	24/11/2024
Women	4x400m	Open	3:43.3	Michelle Baumgartner, Debbie Flintoff-King, Chris Sharp, Nicki Webb	1984
Women	4x400m	Under 14	4:19.03	Amy Roberts, Jessica Clark, Sophie Fighera, Charlotte McKenzie	2013
Women	4x400m	Under 16	4:06.43	Amber Van Eede, Tanasha Santosh, Andi Skandalis, Thanya Vijayakumar	2021
Women	4x400m	Under 18	3:56.6	Jeannie Gray, Janice Watt, Kathy Hirst, Kellie Baumgartner	1982
Women	4x400m	Under 20		Not Claimed	
Women	4x400m	40+	4.52.48	Svitlana Korchova, Kara Gilbert, Rozlyn Walker, Evette Cordy	25/11/2023
Women	4x400m	50+	4.52.48	Svitlana Korchova, Kara Gilbert, Rozlyn Walker, Evette Cordy	25/11/2023
Women	4x400m	60+	6.42.42	Joelle Jones, Victoria Haritos, Nanci Moore, Michele Forbes	24/11/2024
Women	4x800m	Open	9:26.66	Cara Peake, Georgina Beech, Anna Ross, Melissa Vanderwater	2011
Women	4x800m	Under 16	10:25.90	Kaora Nakase, Chauney Douglass, Olivia Mort, Courtenay Wood	2009
Women	4x800m	Under 18	9:29.02	Larissa McBurney, Kaitlin Barr, Sophie O'Sullivan, Ciary Losty	2018
Women	4x800m	Under 20	9:47.57	Kayde DeBondt, Niccola Anthony, Jayde DeBondt, Keana Tour-May	2011
Women	4x800m	40+		Not Claimed	
Women	4x800m	50+		Not Claimed	
Women	4x800m	60+		Not Claimed	
Women	4x1500m	Open	18:52.17	Kellie Macknamara, Benita Willis, Sonia O'Sullivan, Erica Fountain	2010

Women	4x1500m	Under 20	22:37.13	Sarah Lund, Kate Monagle, Laura Monagle, Laura Eades	2004
Women	4x1500m	40+	20:29.69	Kate Seibold, Cassie Little, Anna Munro, Evette Cordy	24/11/2024
Women	4x1500m	50+	27:57.64	Lisa Deramond, Gill Highnam, Michele Forbes, Rozlyn Walker	25/11/2023
Women	4x1500m	60+	33:06.73	Michele Forbes, Joelle Jones, Victoria Haritos, Nanci Moore	24/11/2024
Women	Sprint Medley	Open	3:57.56	Claire Cuttler, Ashleigh Horrobin, Kellie Hetherington, Erica Fountain	2010
Women	Sprint Medley	Under 16	4:08.25	Brittany Tran, Jasmine Fassoulis, Ciary Losty, Sophie O'Sullivan	2015
Women	Sprint Medley	Under 18	4:07.18	Jemma Stapleton, Romanie Barnes, Alana Porter, Sophie O'Sullivan	2018
Women	Sprint Medley	40+	5:32.50	Toni Matters, Rozlyn Walker, Kellie Macknamara, Kara Gilbert	2021
Women	Sprint Medley	50+		Not Claimed	
Women	Sprint Medley	60+		Not Claimed	
Women	Distance Medley	Open	12:57.71	Madison King, Ameya Sommer-Allie, Thanya Vijayakumar, Tanasha Santosh	2022
Women	Distance Medley	U16		Not Claimed	
Women	Distance Medley	U18	12:57.71	Madison King, Ameya Sommer-Allie, Thanya Vijayakumar, Tanasha Santosh	2022
Women	Distance Medley	U20		Not Claimed	
Women	Distance Medley	40+	16:28.33	Kylie Irshad, Victoria Haritos, Lisa Deramond, Fiona Noble	2022
Women	Distance Medley	50+		Not Claimed	
Women	Distance Medley	60+		Not Claimed	
Women	3xShot put	Open	23.62m	Isabella Hollins, Jennifer King, Anna Ross	24/11/2024
Women	3xShot put	Under 16	27.75m	Lucia Shaw, Brae Bernasconi, Talia Franchina	24/11/2024
Women	3xShot put	Under 20	32.12m	Jazmin Firth, Isabelle Furber, Isabella Hollins	24/11/2024
Women	3xShot put	40+	22.15m	Toni Matters, Helen Rainey, Anusha Kankanamage	24/11/2024
Women	3xShot put	50+		Not Claimed	
Women	3xShot put	60+		Not Claimed	
Women	3xLong Jump	Open	16.01m	Allegra Orso, Isabella Hollins, Isabel Zhang	24/11/2024
Women	3xLong Jump	Under 16	14.40m	Olivia Wilson, Talia Franchina, Imogen Brownjohn	24/11/2024
Women	3xLong Jump	Under 20	16.01m	Allegra Orso, Isabella Hollins, Isabel Zhang	24/11/2024
Women	3xLong Jump	40+		Not Claimed	
Women	3xLong Jump	50+		Not Claimed	
Women	3xLong Jump	60+		Not Claimed	

Sex	Event	Record	Performance	Name	Date
Women	2x800m	Open	5:24.6	Dana Dekkers, Sharon Firusua	2019
Women	2x800m	U20		Not Claimed	
Women	2x800m	40+		Not Claimed	
Women	2x800m	50+		Not Claimed	
Women	2x800m	60+		Not Claimed	
Women	2x1500m	Open	10:09.34	Emma Hogan, Sharon Firusua	2019
Women	2x1500m	U20		Not Claimed	
Women	2x1500m	40+	12:09.42	Kellie Macknamara, Roz Walker	2019
Mixed	2x2x400m	Open	4:41.63	Chris Winter, Anna Ross	2019
Mixed	2x2x400m	35-39	4:57.15	William Little, Cassie Little	2019
Mixed	2x2x400m	40+	4:51.69	Peter Macknamara, Kellie Macknamara	2019
Mixed	2x2x400m	50+	5:48.12	Peter Rushen, Lisa Deramond	2019
Mixed	2x1500m	Open	10:28.27	Will Orchard, Dana Dekkers	2019
Mixed	4x100m	Open	51.37	Avestina Zhong, Tim Rosen, Madeleine Edwards, Josh Steyn-Ross	2019
Mixed	4x100m	U18	50.07	Amy Mackinley, Isabella Harper, Theo Soldati, Finn Paynter	2019
Mixed	4x100m	U20	48.31	Jemma Stapleton, Lukas Ryan, Genevieve O'Brien, Ky Morgenthaler	2019
Mixed	4x100m	35-39	61.33	Ansuha Kankanamage, Karolina Korfanty, Andrew Van Eade, Kulan Ranasinghe	2019
Mixed	4x100m	50+	65.25	Kurt Golonka, Heather Carr, Glenn McLean, Toni Matters	2019
Mixed	4x400m	Open	3:37.24	Kellie Hetherington, Michael Tsotsos, Ciara Losty, Luke Major	2019
Mixed	4x400m	U18	3:39.79	James Hatton, Genevieve O'Brien, Amy McKinley, Seb Hadaway	2019
Mixed	4x400m	U16	3:57.87	Omali Theodoro, Imogen Brownjohn, Frankie Hyde, Austin Voges	24/11/2024
Mixed	4x400m	40+	4:56.64	Peter Macknamara, Heather Carr, Kellie Macknamara, Kulan Ranasinghe	2019
Mixed	4x400m	50+	4:57.26	Kurt Golonka, Andrew Crawley, Kara Gilbert, Roz Walker	2019
Mixed	4x800m Walk	Open	17:52.0	Ralph Bennett, Rhydian Cowley, Gwen Steed, Heather Carr	2019
Mixed	8x100m	Open	1:41.0	Jemma Stapleton, Madeleine Parris, Jenny King, Avestina Zhong, Chris Byron, Josh Steyn-Ross, Ky Morgenthaler, Asthika Liyanaarachchi	2019
Mixed	8x100m	U18	1:44.1	Amber Van Eade, Hannah Van Eade, Florence McEniry, Gemma Craddock, Lukas Ryan, Lucas Vaidie, Theo Soldati, Saksham Singh	2019
Mixed	8x100m	40+	2:20.71	Kurt Golonka, Heather Carr, Alex Newman, Helen Rainey, Michael Ryan, Kara Gilbert, Andrew Van Eade, Kellie Macknamara	2019

Sex	Event	Record	Performance	Name	Date
Men	4x100m	Open	40.4	Peter Fitzgerald, Vin Plant, Peter Donlan, Max Binnington	1975
Men	4x100m	U14	48.1	Brett Fisher, Michael Filosa, Martin Rudden, Darren Hendy	1984
Men	4x100m	U16	45.09	Xavier Siruelo, Cooper Acklom, Jaikiah Honner, Nicholas Goodman	2022
Men	4x100m	U18	43.10	Jordan Drescher, Lachlan Marriner, Tyler De Sa, William Wong	2022
Men	4x100m	U20	43.1	John Kearley, Andrew Argent, Michael Sharp, Gary Barcham	1982
Men	4x100m	40+	45.75	Alex Newman, Kurt Golonka, Geoff Pittman, Leigh Phelan	2016
Men	4x100m	50+	53.31	Kurt Golonka, Charles Sutherland, Glenn McLean, Andrew Crawley	2019
Men	4x100m	60+		Not Claimed	
Men	4x200m	Open	1:23.9	Peter Fitzgerald, Vin Plant, Max Binnington, Peter Donlon	1975
Men	4x200m	U14	1:39.1	Mario Cima, Dean Anderson, Mark Reed, Andrew Taylor	1981
Men	4x200m	U16	1:34.4	Jim Sarellis, Andrew Taylor, John Adamopoulos, Shane Naylor	1983
Men	4x200m	U18	1:29.8	Darren Taylor, Shane Naylor, Peter Kent, Jim Sarellis	1985
				Doug Greenough, Ross Capper, Marc Antoine, Travis Brooks	1998
Men	4x200m	U20	1:29.5	John Kearley, Greg Tate, Stewart Brown, Michael Sharp	1983
Men	4x200m	40+	1:42.7	Geoff Pittman, Angelo Portelli, Alex Newman, Kurt Golonka	2016
Men	4x200m	50+	2:18.54	Kurt Golonka, Hamish Marshall, Andrew Crawley, Heather Carr	2019
Men	4x200m	60+		Not Claimed	
Men	4x400m	Open	3:10.7	Dale Horrobin, Paul Schnyder, Chris Sideridis, Gary Minihan	1988
				Peter Cracknell, Paul Schnyder, Chris Sideridis, Gary Minihan	1987
Men	4x400m	U14	3:47.3	Mario Cima, Dean Anderson, Gary Nevin, Mark Reed	1981
Men	4x400m	U16	3:28.6	Shane Jordan, Ian Walker, James Davidson, John Adamopoulos	1982
Men	4x400m	U18	3:23.5	Rodney Davies, Ian Walker, Shane Jordan, Gary Nevin	1984
Men	4x400m	U20	3:20.0	Lorien Ryan, Amir Perzuck, Chris Kraus, Ben Gilbert	1991
Men	4x400m	40+	3:36.87	Kurt Golonka, Leigh Phelan, Alex Newman, Geoff Pittman	2017
Men	4x400m	50+	4:01.16	Glenn McLean, Hamish Marshall, Charles Sutherland, Kurt Golonka	1982
Men	4x400m	60+		Not Claimed	
Men	4x800m	Open	7:23.0	Barry Kimber, Steven Foley, Pat Scammell, Peter Bourke	0
Men	4x800m	U16	8:06.1	Rodney Davies, Ian Walker, James Davidson, Shane Jordan	1982
Men	4x800m	U18	7:47.8	Amir Perzuck, Chris Kraus, Brent Grimwood, Ben Gilbert	1988
Men	4x800m	U20	7:47.5	John Harris, Nick Sideridis, Michael Sharp, Mark Bartels	1982
Men	4x800m	40+		Not Claimed	
Men	4x800m	50+		Not Claimed	
Men	4x800m	60+		Not Claimed	

Sex	Event	Record	Performance	Name	Date
Men	4x1500m	Open	15:40.8	Andrew Hill, Eric Sigmont, Steven Stern, Robert Walczak	1975
Men	4x1500m	40+	20:25.64	Chris Murphy, Eric Sigmont, Colin Bruhn, Tony Wilson	2009
Men	4x1500m	50+	19:11.23	Kevin Mannix, Charlie Sutherland, Andrew McEvoy, Mickael Soussan	2022
Men	4x1500m	60+		Not Claimed	
Men	Sprint Medley	Open	3:28.60	Asthika Liyanaarachchi, Brendan Ashcroft, Daniel Mouratch, Adam Spencer	2021
Men	Sprint Medley	U16	03:41.5	Cooper Acklom, Matthew Miliyas, Suvan Sujeendran, Brady Ryan	25/11/2023
Men	Sprint Medley	U18	3:34.0	Marc Antoine, Rod Cibura, Andrew Almond, Travis Brooks	1997
Men	Sprint Medley	40+	4:15.17	Hamish Marshall, Glenn McLean, Kulan Ranasinghe, Andrew McEvoy	2021
Men	Sprint Medley	50+	4:36.59	Kevin Mannix, Charlie Sutherland, Peter Rushen, Jamie Rossjohn	0
Men	Sprint Medley	60+		Not Claimed	
Men	Distance Medley	Open	10:25.85	Tom Morris, Jack Forer, Matthew Gough, Denyan Claxton	2022
Men	Distance Medley	U20		Not Claimed	
Men	Distance Medley	40+		Not Claimed	
Men	Distance Medley	50+	12:10.04	Jamie Rossjohn, Kurt Golonka, Mickael Soussan, Andrew McEvoy	2022
Men	Distance Medley	60+		Not Claimed	
Men	2x800m	Open	4:46.2	Chris Winter, Patrick Kam	2019
Men	2x800m	40+	5:31.22	Kevin Mannix, Simon Bull	2019
Men	2x800m	50+	6:03.42	Kurt Golonka, Michael Ryan	2019
Men	2x800m	60+		Not Claimed	
Men	2x1500m	Open	8:58.43	Chris Winter, Patrick Kam	2019
Men	2x1500m	U16	9:11.39	Rubin Howard, Logan Janetski	2019
Men	2x1500m	40+	9:14.42	Peter Macknamara, Julian Kuppler	2019
Men	2x1500m	50+	9:56.59	Peter Rushen, Michael Ryan	2019
Men	2x1500m	60+		Not Claimed	
Men	3xShot put	Open	26.40m	Sebastian Zammit, Tim Rosen, Ky Morgenthaler	24/11/2024
Men	3xShot put	Under 16		Not Claimed	
Men	3xShot put	Under 20	34.64m	Cooper Acklom, Fraser Mattinson, Lincoln Korman	24/11/2024
Men	3xShot put	40+		Not Claimed	

<i>Sex</i>	<i>Event</i>	<i>Record</i>	<i>Performance</i>	<i>Name</i>	<i>Date</i>
Men	3xLong Jump	Open	16.84m	Tully Smith, Fraser Mattinson, Cooper Acklom	24/11/2024
Men	3xLong Jump	Under 16	15.54m	Hayden Edwards, Omal Theodoro, Austin Voges	24/11/2024
Men	3xLong Jump	Under 20	16.84m	Tully Smith, Fraser Mattinson, Cooper Acklom	24/11/2024
Men	3xLong Jump	40+		Not Claimed	