

## 100m

	Last updated 1/6/2019		Top 50		
1	Christine	BYRNE	2017	11.80	
2	Wendy	HAYES	1958	11.84	(11.6h)
3	Katie	CHIVERS	2006	11.87	
4	Sandie	RICHARDS	2001	11.91	
5	Claire	CUTTLE	2009	11.93	
6=	Nancy	BOYLE	1956	11.94	(11.7h)
6=	Debbie	FLINTOFF-KING	1982	11.94	(11.7h)
8	Ellia	GREEN	2012	12.07	
9=	Nicki	WEBB	1985	12.14	(11.9h)
9=	Evgeniya	AVERINA	2007	12.14	(11.9h)
11=	Michelle	BAUMGARTNER	1982	12.24	(12.0h)
11=	Joanne	GREEN	1981	12.24	(12.0h)
11=	Chris	SHARP	1985	12.24	(12.0h)
11=	Dallas	BROWN	1986	12.24	(12.0h)
11=	Lynley	LONGSTAFF	1986	12.24	(12.0h)
11=	Sherena	MULGRAVE	2006	12.24	(12.0h)
17	Morgan	DEANE	2007	12.34	(12.1h)
18=	Dianne	GROVES	1985	12.44	(12.2h)
18=	Judy	LEWIS	1956	12.44	(12.2h)
18=	Angela	BYRNE	2012	12.44	(12.2h)
21	Emily	McLEAN	2017	12.49	
22=	Elizabeth	DUNBAR	1980	12.54	(12.3h)
22=	Kathy	HIRST	1980	12.54	(12.3h)
22=	Helen	SWINDEN	1976	12.54	(12.3h)
22=	Breanna	BARTLETT	2006	12.54	(12.3h)
22=	Ashleigh	HORROBIN	2014	12.54	
27=	Daisy	KING	1970	12.64	(12.4h)
27=	Donna	WILLIAMS	1975	12.64	(12.4h)
27=	Lee	NAYLOR	1988	12.64	(12.4h)
27=	Susie	KNIGHT	2006	12.64	(12.4h)
31	Claudia	WHITFORD	2015	12.68	
32	Alex	CHURCHWARD	2007	12.72	
33	Amber	KING	2013	12.73	
34=	Michelle	TAYLER	1970	12.74	(12.5h)
34=	Margaret	DUNBAR	1978	12.74	(12.5h)
34=	Maxine	TRESIZE	1974	12.74	(12.5h)
34=	Emma	YEOMANS	1990	12.74	(12.5h)
34=	Amanda	HICKS	1997	12.74	(12.5h)
34=	Jayne	HARKNESS	1974	12.74	(12.5h)
40	Jemma	STAPLETON	2016	12.75	
41	Emily	RAINSFORD	2011	12.80	
42	Nicola	DAVIS	2013	12.81	
43=	Alana	PORTER	2018	12.84	
43=	Carol	NUNN	1964	12.84	(12.6h)
43=	Kim	FISHER	1985	12.84	(12.6h)
43=	Sue	McINTOSH	1985	12.84	(12.6h)
43=	Melanie	DYBALL	1987	12.84	(12.6h)
43=	Mandy	CROWE	2007	12.84	(12.6h)
43=	Isabelle	FLOOK	2012	12.84	(12.6h)
50	Adelaide	ROBERTSON	2011	12.89	

## 200m

	Last updated 1/6/2019		Top 50		
1	Sandie	RICHARDS	2001	23.56	
2	Debbie	FLINTOFF-KING	1986	23.71	
3	Nancy	BOYLE	1960	23.84	
4	Katie	CHIVERS	2004	24.12	
5	Wendy	HAYES	1958	24.14	(24.0h)

6	Christine	BYRNE	2017	24.34	
7=	Nicki	WEBB	1985	24.44	(24.3h)
	Michelle	BAUMGARTNER	1981	24.44	(24.3h)
9	Chris	SHARP	1990	24.54	(24.4h)
10	Evgeniya	AVERINA	2007	24.64	(24.5h)
11	Dallas	BROWN	1986	24.86	
12	Ellia	GREEN	2012	24.96	
13	Claire	CUTTLE	2007	25.17	
14=	Helen	SWINDEN	1976	25.24	(25.0h)
	Susie	KNIGHT	2005	25.24	(25.0h)
16=	Morgan	DEANE	2008	25.34	(25.1h)
	Angela	BYRNE	2012	25.34	(25.1h)
18=	Amy	BREMER	1936	25.44	(25.2h)
	Sherena	MULGRAVE	2006	25.44	(25.2h)
20	Ashleigh	PALMER	2018	25.45	
21	Kelly	HETHERINGTON	2007	25.33	
22=	Bronwyn	BULLIVANT	1975	25.54	(25.3h)
	Lynley	LONGSTAFF	1985	25.54	(25.3h)
24	Ciara	LOSTY	2017	25.61	
25	Claudia	WHITFORD	2015	25.63	
26	Kathy	HIRST	1982	25.64	(25.4h)
27	Mandy	CROWE	2007	25.73	
28=	Lee	NAYLOR	1988	25.74	(25.5h)
	Donna	WILLIAMS	1975	25.74	(25.5h)
30	Ashlee	BOOTH	2007	25.79	
31	Emily	McLEAN	2017	25.93	
32	Adelaide	ROBERTSON	2011	25.95	
33=	Nicola	DAVIS	2014	26.03	
	Angela	BYRNE	2012	26.03	
35=	Melanie	DYBALL	1987	26.04	(25.8h)
	Karen	WISE	1982	26.04	(25.8h)
	Breanna	BARTLETT	2006	26.04	(25.8h)
38	Claire	ROBINSON	2003	26.13	
39=	Emma	YEOMANS	1991	26.14	(25.9h)
	Heather	SWINDEN	1977	26.14	(25.9h)
	Ashleigh	HORROBIN	2013	26.14	(25.9h)
42	Emily	RAINSFORD	2010	26.21	
43	Pip	KAROLY	2007	26.25	
44	Isabelle	FLOOK	2012	26.28	
45	Alana	PORTER	2017	26.33	
46=	S	HUDSON	1980	26.34	(26.1h)
	Maree	POTT	1972	26.34	(26.1h)
48	Keana	TOUR-MAY	2008	26.43	
49=	Maxine	TRESIZE	1975	26.44	(26.2h)
	S	KERLEY	1989	26.44	(26.2h)
	Elini	GILDEN	2004	26.44	(26.2h)

## 400m

		<b>Last updated 30/4/18</b>			
1	Debbie	FLINTOFF-KING	1986	50.78	
2	Sandie	RICHARDS	2001	50.93	
3	Michelle	BAUMGARTNER	1981	52.41	
4	Sheena	STEINERT	2011	54.18	
5	Kelly	HETHERINGTON	2011	54.73	
6	Nicki	WEBB	1985	54.81	
7	Trycelle	KINGDOM	2010	54.96	
8	Susie	KNIGHT	2006	55.47	
9	Lyndley	LONGSTAFF	1985	55.94	(55.8h)
10	Lee	NAYLOR	1988	56.19	

## Top 50

11	Adelaide	ROBERTSON	2011	56.40	
12	Nancy	BOYLE	1957	56.44	(56.3h)
13	Keana	TOUR-MAY	2008	56.50	
14	Claire	ROBINSON	2003	56.67	
15	Evgeniya	AVERINA	2008	56.76	
16	Isabelle	FLOOK	2012	56.95	
17	Erica	FOUNTAIN	2006	56.97	
19	Ciara	LOSTY	2017	56.98	
20	Breanna	BARTLETT	2006	57.01	
21	Sophie	O'SULLIVAN	2018	57.12	
22	Brenda	JONES	1960	57.14	(56.9h)
23	Claire	CUTTLE	2011	57.62	
24	Morgan	DEANE	2008	57.71	
25=	Bronwyn	BULLIVANT	1975	57.74	(57.6h)
	Tammy	GIBSON	1997	57.74	(57.6h)
27	Emily	McLEAN	2018	58.05	
28	Karen	WISE	1982	58.14	(58.0h)
29	Sophie	HANLON	2018	58.19	
30	Nicola	DAVIS	2017	58.39	
31	Ellia	GREEN	2011	58.42	
32=	Kerri	BAUMGARTNER	1982	58.54	(58.4h)
	Kara	GILBERT	1986	58.54	
34	Pip	KAROLY	2007	58.70	
35	Jeannie	GRAY	1986	58.74	(58.6h)
36	Jessica	CUNLIFFE	2003	58.81	
37	Kathy	HIRST	1983	58.84	(58.7h)
38	Sophie	O'SULLIVAN	2018	58.85	
39	Carolyn	RUSSELL	1999	58.86	
40	Izelle	LABUSCHGNE	2003	59.34	
41	Rosi	GILDEN	2004	59.54	(59.4h)
42	Elini	GILDEN	2004	59.59	
43	Emily	RAINSFORD	2011	59.60	
44	Ebony	GILBERT	1992	59.65	
45	Cara	PEAKE	2011	59.80	
46=	Sophie	HANLON	2018	59.98	
	Claudia	CARTER	2018	59.98	
48=	Skye	KIRBY	2002	60.04	(59.9h)
	Michelle	SOSTARIC	1999	60.04	(59.9h)
50	Janice	WATT	1980	60.14	(60.0h)

## 800m

		<b>Last updated 30/4/18</b>	<b>Top 50</b>
1	Michelle	BAUMGARTNER	1982 2:01.1h
2	Kelly	HETHERINGTON	2014 2:01.22
3	Erica	FOUNTAIN	2006 2:02.97
4	Genevieve	LACAZE	2016 2:04.05
5	Debbie	FLINTOFF-KING	1986 2:04.56
6	Brenda	CARR	1960 2:04.58
7	Trycelle	KINGDOM	2010 2:04.88
8	Cecilia	BROWN	2003 2:05.75
9	Sophie	O'SULLIVAN	2019 2:06.05
10	Anna	THOMPSON	2002 2:08.0h
11	Mandy	GIBLIN	2000 2:08.2h
12	Sandie	RICHARDS	2001 2:08.7h
13	Anna	SAW	2015 2:09.8h
14	Jacqui	SMITH	1979 2:10.7h
15	Jeannie	GRAY	1986 2:10.78
16	Cara	PEAKE	2012 2:10.98
17	Nicki	WEBB	1985 2:11.6h

18	Georgie	MACDONALD	2015	2:12.23
19	Keana	TOUR-MAY	2007	2:12.29
20	Kayla DE	BONDT	2012	2:12.53
21	Michelle	SOSTARIC	1999	2:12.7h
22	Michelle	REED	2001	2:13.3h
23	Kara	GILBERT	1987	2:14.5h
24	Leanne	HOFFMAN	1986	2:14.97
25	Simone	BRAAKHUIS	1992	2:15.04
26	Julia	EDWARDS	2005	2:15.8h
27	Dain	DIAS	2005	2:15.9h
28	Dianne	HUXLEY	1980	2:16.1h
29	Georgie	MACDONALD	2013	2:16.18
30	Sarah	LUND	2008	2:16.4h
31	Ashleigh	HORROBIN	2016	2:16.66
32	Tammy	GIBSON	2001	2:16.9h
33	Ebony	GILBERT	1992	2:17.0h
34	Ciara	LOSTY	2013	2:17.01
35	Nicola	ANTHONY	2012	2:17.06
36	Skye	KIRBY	2001	2:17.3h
37	Karinna	FYFE	2013	2:17.5h
38	Andrea	BRAAKHUIS	1992	2:17.52
39	Sophie	HANLON	2018	2:17.71
40	Charlotte	MACKENZIE	2013	2:18.24
41	Esther	BARKER	2006	2:18.32
42	Georgina	BEECH	2009	2:18.6h
43	Laura	MONAGLE	2007	2:18.73
44	Larissa	MCBURNEY	2014	2:18.87
45	Rosi	GILDEN	2004	2:18.98
46=	Delwyn	HEWITT	1999	2:19.0h
	Rosalie	MAHONEY	1976	2:19.0h
	Kellie	MACKNAMARA	2007	2:19.0h

## 1500m

Last updated 30/4/18

## Top 50

1	Sonia	O'SULLIVAN	2001	4:06.5h
2	Benita	WILLIS	2006	4:07.90
3	Genevieve	LACAZE	2016	4:10.20
4	Kelly	HETHERINGTON	2013	4:10.55
5	Michelle	BAUMGARTNER	1984	4:12.0h
6	Erica	FOUNTAIN	2006	4:16.11
7	Anna	THOMPSON	2004	4:16.5h
8	Mandy	GIBLIN	2000	4:16.88
9	Susie	POWER	1999	4:17.45
10	Sophie	O'SULLIVAN	2018	4:22.22
11	Iris	COOK	1976	4:25.5h
12	Michelle	SOSTARIC	1999	4:25.74
13	Anna	SAW	2016	4:26.15
14	Melissa	VANDERWATER	2012	4:27.38
14	Sophie	O'SULLIVAN	2018	4:27.88
15	Lynne	WILLIAMS	1980	4:28.4h
16	Jeannie	GRAY	1985	4:28.96
17	Dianne	HUXLEY	1976	4:29.1h
18	Julia	EDWARDS	2004	4:29.39
19	Leah	ROGERS	2002	4:31.4h
20	Jacqui	SMITH	1979	4:31.8h
21	Brenda	CARR	1976	4:33.3h
22	Michelle	REED	2001	4:34.41
23	Georgina	BEECH	2010	4:34.51
24	Josie	CARBERRY	2007	4:34.92

25	Amelia	ASLANIDES	2015	4:35.49
26	Sarah	LUND	2009	4:35.58
27	Roz	STEPHENS-WALKER	1992	4:36.28
28	Keana	TOUR-MAY	2006	4:37.2h
29	Kayla	DEBONDT	2012	4:37.21
30	Trycelle	KINGDOM	2011	4:37.25
31	Georgie	MACDONALD	2014	4:38.37
32	Julie	BRAAKHUIS	1992	4:39.2h
33	Andrea	BRAAKHUIS	1992	4:39.7h
34	Simone	BRAAKHUIS	1992	4:40.0h
35	Nicola	ANTHONY	2012	4:40.81
36	Stacey	BULGER	2016	4:41.37
37	Ebony	GILBERT	1996	4:41.4h
38	Kelly	MACKNAMARA	2007	4:41.69
39	Cassie	HIGHAM	2016	4:42.42
40	Simone	KUPPLER	2005	4:44.2h
41	Kara	GILBERT	1988	4:45.0h
42	Delwyn	HEWITT	1997	4:46.0h
43	Indica	COHEN	2013	4:46.16
44	Sophie	O'SULLIVAN	2015	4:47.16
45	Kate	PARRIS	1984	4:48.4h
46	Laura	EADES	2006	4:48.61
47	Laura	MONAGLE	2007	4:48.84
48	Lynne	HOFFMAN	1986	4:49.5h
49	Roslyn	MAHONEY	1976	4:50.1h
50				

## 3000m

Last updated 11/2/17

<11:00.0

1	Sonia	O'SULLIVAN	2001	8.43.51
2	Benita	WILLIS	2005	8:52.16
3	Genevieve	LACAZE	2016	8:52.28
4	Susie	POWER	2000	8:57.08
5	Anna	THOMPSON	2006	8:58.93
6	Lynne	WILLIAMS	1979	9:18.5h
7	Iris	COOK	1976	9:27.6h
8	Jacqui	SMITH	1986	9:34.5h
9	Josie	CARBERRY	2010	9:39.14
10	Tarli	BIRD	2013	9:44.31
11	Sophie	O'SULLIVAN	2018	9:45.36
12	Karinna	FYFE	2013	9:46.4h
13	Amelia	ASLANIDES	2015	9:46.5h
14	Sarah	LUND	2009	9:47.53
15	Charlotte	IMER	2015	9:47.67
16	Melissa	VANDERWATER	2012	9:50.4h
17	Cassie	HIGHAM	2015	9:53.55
18	Julia	EDWARDS	2014	9:53.8h
18	Anna	SAW	2018	9:54.2h
19	Dianne	HUXLEY	1977	10.00.6h
20	Juliet	McBURNEY	2018	10:06.15
21	Kate	SMYTH	2005	10.06.51
22	Brenda	CARR	1976	10.11.6h
22	Dana	DEKKERS	2018	10:15.53
23	Sue	FRASER	1976	10:17.2h
24	Stacey	BULGER	2013	10:20.3h
25	Rebecca	BEAGLEY	2015	10:25.1h
26	Delwyn	HEWITT	2010	10:28.59
27	Kerry	MILNE	1991	10:29.0h
28	Michelle	SOSTARIC	1999	10.35.0h

29	Kate	PARRIS	1984	10.35.88
30	Muriel	CUMMINS	2007	10:40.7h
31	Roslyn	MAHONEY	1975	10.42.0h
32	Juliet	McBURNEY	2018	10:42.93
33	Bridgit	CORCORAN	2013	10:43.4h
34	Indica	COHEN	2013	10:45.71
35	Laura	EADES	2006	10:46.08
36	Lesley	GRIMES	2000	10.46.8h
37	Roz	STEPHENS-WALKER	1994	10.48.0h
38	Julie	BRAAKHUIS	1991	10.48.5h
39	Jeannie	GRAY	1984	10.49.0h
40	Sue	CATHCART	1979	10.52.1h
41	Erica	PATTERSON	2016	10:53.07
42	Simone	McINNES	2017	10:53.6h
43	Kelly	MACKNAMARA	2006	10:56.08
44	Ebony	GILBERT	1987	10.58.1h
45	Elizabeth	ONG	2004	10:58.2h
46	Janine	JENSEN	2005	10:59.1h
47	Sophie	HIGHNAM	2014	10:59.27
48				
49				
50				

## 5000m

		Last updated 12/2/17	<20:00.0
1	Sonia	O'SULLIVAN	2001 14.41.02
2	Genevieve	LACAZE	2016 15:06.67
3	Benita	WILLIS	2006 15:13.46
4	Susie	POWER	1999 15.23.18
5	Anna	THOMPSON	2004 15:42.31
6	Mandy	GIBLIN	2000 16.24.1h
7	Kate	SMYTH	2006 16:25.67
8	Tarli	BIRD	2016 16:29.16
9	Josie	CARBERRY	2007 16:44.1h
10	Karinna	FYFE	2013 16:45.86
11	Amelia	ASLANIDES	2014 16:40.62
12	Melissa	VANDERWATER	2012 16:56.43
13	Juliet	McBURNEY	2018 17:05.38
14	Charlotte	IMER	2014 17:09.74
15	Cassie	HIGHAM	2016 17:13.10
16	Anna	SAW	2016 17:17.85
17	Sarah	LUND	2013 17:24.0h
18	Leah	ROGERS	2002 17.25.0h
19	Belinda	DENNETT	2003 17:27.74
20	Julia	EDWARDS	2014 17:29.5h
21	Stacey	BULGER	2014 17:30.50
22	Georgina	BEECH	2012 17:52.1h
23	Dana	DEKKERS	2015 18:09.93
24	Rebecca	BEGUELY	2016 18:12.50
25	Muriel	CUMMINS	2007 18:16.6h
26	Michelle	SOSTARIC	1999 18.22.0h
27	Delwyn	HEWITT	2010 18:39.8h
28	Brigitte	CORCORAN	2011 18:50.9h
29	Juanita	KIDD	1997 19.06.2h
30	Brigitte	CORCORAN	2012 19:22.7h
31	Anna	ROSS	2012 19:28.7h
32	Joanne	COOK	2010 19:29.84
33	Francesca	REID	2003 19:37.6h
34	Lesley	GRIMES	1997 19.45.2h

35	Kellie	MACKNAMARA	2005	19:50.6h
36	Elizabeth	ONG	2001	19.51.3h
37	Simone	THOMPSON	1997	19.51.6h

## 10000m

**<40:00.0**

1	Sonia	O'SULLIVAN	2000	30:53.37
2	Benita	WILLIS	2006	31:14.80
3	Susie	POWER	2002	31:32.20
4	Sinead	DIVER	2019	32:25.86
5	Anna	THOMPSON	2006	32:27.74
6	Kate	SMYTH	2005	34:21.16
7	Karinna	FYFE	2012	35:06.82
8	Tarli	BIRD	2014	35:09.19
9	Amelia	ASLANIDES	2014	35:17.70
10	Josie	CARBERRY	2007	35:19.59
11	Cassie	HIGHAM	2014	35:23.60
12	Belinda	DENNETT	2003	36:16.18
13	Stacey	BULGER	2014	36:18.19
14	Muriel	CUMMINS	2007	38:28.85
15	Leah	ROGERS	2002	39:48.30

## Half Marathon

**< 85 minutes**

1	Benita	WILLIS	2004	1:07.55
2	Susue	POWER	2002	1:07.56
3	Anna	THOMPSON	2007	1:11.38
4	Kate	SMYTH	2006	1:13.03
5	Tarli	BIRD	2013	1:14.44
6	Karinna	FYFE	2006	1:14.49
7	Amelia	ASLANIDES	2014	1:16.13
8	Cassie	HIGHAM	2015	1:16.46
9	Julia	EDWARDS	2014	1:18.24
10	Stacey	BULGER	2014	1:22.18

## Marathon

**Last updated 15/10/17**

**< 3 Hours**

1	Benita	WILLIS	2004	2:22.36
2	Kate	SMYTH	2008	2:28.51
3	Anna	THOMPSON	2005	2:33.20
4	Tarli	BIRD	2014	2:43.58
5	Amelia	ASLANIDES	2017	2:45.50
6	Karinna	FYFE	2017	2:50.25

## 100m Hurdles (84cm)

**Under development**

1	Ashlee	BOOTH	2009		14.63
2	Elise	BINNINGTON	2005	14.9h	
3	Sue	MCINTOSH	1988	14.9h	
4	Melina	WILLIAMS	1973	15.3h	
	Emily	MCLEAN	2014		15.54
5	Maxine	TRESIZE	1974	15.5h	
	Jennifer	KING	2015		15.46
6	Elizabeth	DUNBAR	1979	15.7h	
7	Emily	McLEAN	2014		16.14
8	Karen	AARSMAN	1980	16.2h	
9	Birgitta	NEMARIC	2014		16.33
10	Linda	ALLEN	2013	16.3h	
11	K	HOCKING	1982	16.4h	
12	Sonia	CRABTREE	1988	16.4h	
13	Julienne	MOORE	1989		16.48

14	Jess	KAUFMAN	2011		16.52
15	Sandra	HOUGH	1979	16.5h	
16	Sam	KERLEY	1989	16.5h	
17	Louise	BUCKLEY	1978	16.6h	
18	Sarah	FORSTER	2002	16.6h	
19	Heather	JARVIS	1981	16.6h	
	Bridget	BRAMMER	2013		17.19
20	Daisy	KING	1970	17.2h	
21	Michelle	TAYLER	1970	17.4h	
22	D	JOHNSTON	1975	17.6h	
23	M	SEWARD	1979	17.7h	
24	T	SMITH	1979	17.8h	
25	Kerryn	MARRET	1977	17.9h	

### 400m Hurdles (76.2cm)

1	Debbie	FLINTOFF-KING	1987		53.76
2	Jana	PITTMAN	2013		59.13
3	Ashleigh	PALMER	2018		59.45
4	Lynley	LONGSTAFF	1985		61.06
5	Celia	BROWN	2004		61.16
6	Emily	McLEAN	2015		62.41
7	Isabelle	FLOOK	2014		63.29
8	Sue	MCINTOSH	1988	65.8h	
9	Bridget	BRAMMER	2014		65.56
10	Jessica	CUNLIFFE	2004		66.38
11	Wendy	EMBLETON	1980	67.5h	
12	Elizabeth	DUNBAR	1975	68.6h	
13	Jeannie	GRAY	1982	68.8h	
14	Kerryn	MARRET	1977	69.2h	
15	Susie	KNIGHT	2007	69.3h	
16	Karen	AARSMAN	1980	70.3h	
17	Natalie	LEONTARIDIS	2016		70.53
18	Susan	CAUCHI	1993		71.38
19	Louise	COOK	1998	71.4h	
20	Helen	ZITSIS	1989		71.6
21	Jenni	VINE	2004	71.8h	
22	Bree	McLENNON	2010		72.17
23	Romanie	BARNES	2017		72.27
24	Sue	MCINTOSH	1989	72.7h	
25	Jenni	KING	2017		72.81
26	Susie	KNIGHT	2007		73
27	Jemma	STAPLETON	2017		73.63
28	Muriel	CUMMINS	2006		73.95
29	Anna	ROSS	2012		75.44
30	Tammy	GIBSON	2002		75.73

### 2000m Steeplechase (76.2cm)

1	Juliet	McBURNEY	2018	7:16.92	
2	Julia	EDWARDS	2007	7:18.33	
3	Muriel	CUMMINS	2007	7:32.48	
4	Kaitlin	BARR	2014	7:34.71	
5	Chynea	LANG	2010	7:37.69	
6	Delwyn	HEWITT	2009	7:38.7h	
7	Kaori	NAKASE	2011	7:41.8h	
8	Samantha	COOK	2004	7:56.69	
9	Kate	SMYTH	2002	8:03.4	



10	Genevieve	O'BRIEN	2017	8:12.2
11	Simone	McINNES	2017	8:54.43
12	Simone	OSTROUSKA	2008	8:59.0h
13	Juanita	KIDD	1997	9:07.5h
14	Belinda	MEREDITH	2003	9:08.2h
15	Trudy	WEISZ	1996	9:11.4h
16	Julia	HOLMES	2002	9:33.2h
17	Marlene	GOURLAY	2016	9:46.70
18	Susan	CAUCHI	1994	10:04.08
19	Louise	COOK	1994	10:11.90
20	Deanne	HUTTON	1994	10:21.23
21	Alison	COLLYER	1994	10:38.20
22	Joanne	COOK	1994	10:38.29
23	Heather	CARR	2017	10:56.8h

### 3000m Steeplechase (76.2cm)

1	Genevieve	LACAZE	2015	9:35.17
2	Leah	ROGERS	2002	10:16.1
	Juliet	McBURNEY	2018	10:43.73
3	Julia	EDWARDS		10:55.42
4	Cassie	LITTLE	2015	10:57.32
5	Melissa	VANDERWATER		11:02.65
6	Muriel	CUMMINS	2005	11:38.05
7	Sharon	FIRISUA	2014	11:43.12
8	Delwyn	HEWITT	2008	12:14.6
9	Kaitlin	BARR	2015	12:15.45
10	Simone	OSTROUSKA	2007	12:37.90
11	Rebecca	BEAGLEY	2017	11:07.7h
12	Frankie	REED	2004	13:10.3
13	Natasha	OCKENDEN	2014	15:40.39

### 1500m Walk

### 2000m Walk

1	Simone	MCINNES	2017	8:41.7h
2	Megan	PETERS	2003	8:55.01
3	Deanne	HUTTON	1996	9:35.7h
4	Shirley	HAY	2001	9:36.3h
5	Janet	HOLMES	2001	10:23.5h
6	Heather	CARR	2017	10:51.60
7	Sophie	DiFRANCESCO	2004	10:55.8h
8	Samantha	COOK	2001	11:20.1h
9	Chloe	DiFRANCESCO	2005	11:34.67
10	Eileen	HAY	2001	11:37.5h
11	Marlene	GOURLAY	2016	11:52.86
12	Cassie	HIGHAM	2018	12:00.86
12	Gwen	STEED	2017	12:36.10
13	Josie	HOLMES	2001	12:39.6h
14	Kathryn	VINE	2004	12:40.7h
15	Margaret	SKIDMORE	2002	13:17.3h
16	Sandra	HOWARTH	2016	13:27.57
17	Belinda	MEREDITH	2004	14:12.8h
18	Kirsti	MCINNES	2016	14:32.90
19	Maria	NOMIKOUDIS	2010	16:04.95
20	Caroline	VARIGOS	2010	16:51.7h
21	Lynn	BULLOCK	2016	17:00.20

### 3000m Walk

1	Simone	McINNES	2018	13:11.0h
2	Megan	PETERS	2003	13:29.0h
3	Simone	McINNES	2017	13:33.3h
4	Shirley	HAY	2001	14:43.50
5	Deanne	HUTTON	1996	15:04.2h
6	Teresa	BUCKINGHAM	1984	15:11.6h
7	Simone	THOMPSON	1999	16:01.34
8	Janet	HOLMES	2005	16:41.72
9	Heather	CARR	2016	16:55.8h
10	Sophie	DiFRANCESCO	2004	17:34.6h
11	Marlene	GOURLAY	2015	17:44.6h
12	Cassie	LITTLE	2016	18:28.10
13	Tegan	MILLER	2013	18:32.0h
14	Connie	GIANNICOS	2003	19:05.2h
15	Gwen	STEED	2016	19:18.80
16	Juliet	AUSTIN	2010	20:05.10
17	Anna	ROSS	2018	23:20.27
18	Sandra	HOWARTH	2018	23:42.03

### 5000m Walk

	Simone	MCINNES	2018	22:52.87
	Heather	CARR	2015	29:04.11
	Teresa	BUCKINGHAM	1982	32:09.6h
	Bernadette	MCGRATH	1987	33:09.0h

### 10000m Walk

	Simone	MCINNES	2015	51:45.07
	Bernadette	MCGRATH	1987	69:14.0h

### 20000m Walk

	Simone	MCINNES	2018	1:39.17.0
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