

# 60m

**Open**      **Brendan Ashcroft**      **7.09**

Set at: ACT Meet 12 17/03/2023

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Not Claimed		
Under 14	Niduka Ranasinghe	2019	9.64
Under 15	Lachlan Mariner	2019	7.60
Under 16	Finn Paynter	2019	7.86
Under 17	Lucas Vaidie	2020	7.72
Under 18	Lukas Ryan	2019	7.57
Under 20	Ky Morgenthaler	2019	7.60
 <b>Masters</b>			
35-39	Leigh Phelan	2011	7.25
40-44	Leigh Phelan	2017	7.26
45-49	Alexander Newman	2020	8.09
50-54	Kurt Golonka	2021	8.24
55-59	Glenn McLean	2019	8.92
60-64	Werner Widera	1982	8.84 (8.6h)
65-69	Not Claimed		
70+	Llew Jenkins	2020	13.21

This event was introduced in the nitro round in December 2019 although it had been contested for some years in master's athletics.

Note: (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for 60m, 100m, 200m and short hurdles.

# 100m

**Open      Shane Naylor      10.21**

Set at: Canberra 18/3/1995

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	David Driscoll	1984	11.94 (11.7h)
Under 14	Jason Santa	2009	11.50
Under 15	Jason Santa	2010	11.28
Under 16	Jim Sarellis	1984	11.04 (10.8h)
Under 17	Tom Templeton	2023	10.63
Under 18	Shane Naylor	1985	10.64 (10.4h)
Under 20	Shane Naylor	1986	10.35
 <b>Masters</b>			
35-39	Shane Fairlee	2008	11.24
40-44	Simon Jackson	2019	11.17
45-49	Hans Meiselbach	1978	12.34 (12.1h)
50-54	Max Binnington	2001	12.14 (11.9h)
55-59	Max Binnington	2006	12.34 (12.1h)
60-64	Werner Widera	1984	14.14 (13.9h)
65-69	Werner Widera	1995	14.74 (14.5h)
	Hans Meiselbach	1987	14.74 (14.5h)
70+	Not Claimed		

This event was introduced in the late 1960s to replace the 100yd.

Shane also has a wind assisted 10.18 and a handheld time of 10.1.

Note: (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for 100m, 200m and short hurdles.

# 200m

**Open                  Will Johns                  20.94**

Set in: Canberra 10/2/2019

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	David Driscoll	1984	24.24 (24.0h)
Under 14	Matthew Milias	2023	23.62
Under 15	Sean Wroe	2000	23.04
Under 16	Shane Naylor	1984	22.14 (21.9h)
Under 17	Shane Naylor	1984	22.14 (21.9h)
Under 18	Rohan Robinson	1990	21.44 (21.2h)
Under 20	Cameron De Bruin	2020	21.31

## Masters

35-39	Leigh Phelan	2011	23.20
40-44	Simon Jackson	2019	22.51
	Leigh Phelan	2017	22.36 (NWI)
45-49	Kurt Golonka	2017	24.98
50-54	Max Binnington	2001	24.34 (24.1h)
55-59	Hans Meiselbach	1985	27.24 (27.0h)
60-64	Werner Widera	1984	29.04 (28.8h)
60-64	Hans Meiselbach	1987	29.04 (28.8h)
65-69	Werner Widera	1988	29.54 (29.3H)
70+	Not Claimed		

Will Johns also has a 20.90 in Jan 2018 prior to joining our Club.

Peter Fitzgerald has a 20.5 handheld time set in 1975.

### Notes:

1. (NWI) There was no wind instrument for this event and therefore the time is un-official.
2. (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for 100m, 200m and short hurdles.

# 400m

**Open      Sean Wroe      45.07**

Set at: Brisbane 20/3/2009

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Dean Anderson	1980	56.84 (56.7h)
Under 14	Matthew Milias	2022	51.16
Under 15	Jaikiah Honner	2022	50.63
Under 16	Scott Farley	1985	50.44 (50.3h)
Under 17	Cooper Smith	2018	48.49
Under 18	Sean Wroe	2003	47.85
	Cooper Smith	2019	47.85
Under 20	Rohan Robinson	1991	45.98
<b>Masters</b>			
35-39	Will Little	2018	50.70
40-44	Leigh Phelan	2016	51.89
45-49	Kurt Golonka	2017	55.68
50-54	Kurt Golonka	2020	56.43
55-59	Hans Meiselbach	1985	60.14 (60.0h)
60-64	Hans Meiselbach	1990	64.24 (64.1h)
65-69	Hans Meiselbach	1995	71.44 (71.3h)
70+	Not Claimed		

Note: (?.?h) indicates hand timed. The international standard is to add 0.14s to the handheld time to equate with an electronic time for 400m and 400m hurdles.

# 600m

**Club Record James Hatton      1:22.96 (82.96)**

**Set 2020.**

**Open**      *Tom McLean*      2019      1:34.74 (1:34.6h)

**Juniors**      **Set**      **Performance**

Under 13      Will Orchard      2019      1:49.74 (1:49.6h)

Under 14      Will Orchard      2020      01:47.4

Under 15      Not Claimed

Under 16      Rubin Howard      2019      1:30.14 (1:30.0h)

Under 17      Saksham Singh      2020      01:37.4

Under 18      Lukas Ryan      2019      1:45.84 (1:45.7h)

Under 20      James Hatton      2020      01:22.96

**Masters**

35-39      Will Little      2019      1:34.94 (1:34.8h)

40-44      Not Claimed

45-49      Mickael Soussan      2019      1:36.34 (1:36.2h)

50-54      Kurt Golonka      2019      1:41.64 (1:41.5h)

55-59      Peter Rushen      2019      1:54.54 (1:54.4h)

60-64      Not Claimed

65-69      Not Claimed

70+      Not Claimed

Note: (?.?h) indicates hand timed. The international standard is to add 0.14s to the handheld time to equate with an electronic time for races up to 800m.

This event is very irregular and was only introduced into Nitro interclub in 2019.

# 800m

**Open**      **Peter Bourke**      **1:44.78**

Set at: Brisbane 20/3/1982

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Archie Sideridis	2023	2:09.69
Under 14	Luka Sideridis	2022	2:00.4h
Under 15	Adam Spencer	2016	1:56.8
Under 16	Adam Spencer	2017	1:53.98
Under 17	Craig Huffer	2006	1:52.90
Under 18	Gary Nevin	1985	1:51.0
Under 20	Kris McCarthy	1999	1:48.6
<b>Masters</b>			
35-39	Tony Wilson	2007	1:54.1
40-44	Tony Wilson	2008	1:56.4
45-49	Eric Sigmont	1990	2:01.7
50-54	Eric Sigmont	1998	2:10.1
55-59	Hans Meiselbach	1985	2:24.6
60-64	Doug Adeney	2007	2:36.9
65-69	Hans Meiselbach	1997	3:04.9
70-74	Peter Colthup	1993	3:39.0
75+	Ralph Bennett	2020	3:57.1

# 1,500m

**Open**      **Pat Scammell**      **3:34.61**

Set at: Melbourne 17/3/1988

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Archie Sideridis	2023	4:16.06
Under 14	Luka Sideridis	2022	4:11.03
Under 15	Michael Power	1991	3:56.0
Under 16	Michael Power	1992	3:55.07
Under 17	Michael Power	1993	3:46.9
Under 18	Michael Power	1994	3:45.31
Under 20	Adam Spencer	2021	3:39.94
<b>Masters</b>			
35-39	Tony Wilson	2007	3:57.00
40-44	Tony Wilson	2008	3:58.83
45-49	Eric Sigmont	1997	4:15.6
50-54	Antonio Russo	2023	4:27.3
55-59	Eric Sigmont	2004	4:46.6
60-64	Eric Sigmont	2010	5:12.44
65-69	Werner Widera	1988	7:17.8
70-74	Not Claimed		
75-79	Not claimed		
80-84	Ralph Bennett	2023	8:14.9h

*Note:* Ryan Gregson has run the fastest 1500m by a member but did not run it on the track for the Club.

# **3,000m**

**Open      Michael Power      7:46.22**

Set at: Brisbane 8/9/2000

## **Juniors      Set      Performance**

Under 13	Archie Sideridis	2023	09:25.15
Under 14	Sam Lindsay	2019	9:49.59
Under 15	Michael Power	1991	8:53.0
Under 16	Marcus Clarke	1976	8:27.8
Under 17	Michael Power	1993	8:14.63
Under 18	Michael Power	1994	8:08.8
Under 20	Michael Power	1996	8:02.94

## **Masters**

35-39	Craig Semple	2005	8:15.8
40-44	Tony Wilson	2008	8:50.0
45-49	Trevor Vincent	1986	9:30.5
50-54	Andrew McEvoy	2022	9:46.43
55-59	Peter Rushen	2020	10:31.7
60-64	Peter Rushen	2021	10:20.04
65-69	Peter Colthup	1989	14:10.8
70-74	Alan Irwin	2016	15:08.19
75+	Not Claimed		



# 5,000m

**Open      Ron Clarke      13.16.6**

Set at: Stockholm 5/7/1966

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 15	Terry Tsakiridis	2021	16:48.56
Under 16	Nicholas Chambers	2021	16:36.12
Under 17	Aidan Velten	2021	15:44.2
Under 18	Logan Janetzki	2022	14:22.4
Under 20	Robert DeCastella	1976	13.58.4
 <b>Masters</b>			
35-39	Trevor Vincent	1978	15:01.0
40-44	Trevor Vincent	1980	14:48.0
45-49	Trevor Vincent	1984	15:35.0
50-54	Rob O'Donnell	2023	16:52.0
55-59	Peter Rushen	2019	17:47.9
60-64	Peter Rushen	2021	17:58.37
65-69	Not Claimed		
70-74	Not Claimed		
75-79	Ralph Bennett	2020	28:47.6

At the time of setting, Ron Clarkes time was a world record.

# **10,000m**

**Open      Ron Clarke      27.39.89**

Set at: Oslo, Norway on 14/6/1965

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 18	Not Claimed		
Under 20	Robert De Castella	1977	28:50.4
<b>Masters</b>			
35-39	Trevor Vincent	1978	31:32.6
40-44	Trevor Vincent	1981	30:50.0
45-49	Trevor Vincent	1984	33:00.0
50-54	Jamie Rossjohn	2019	35:29.0
55-59	Peter Rushen	2019	37:32.0
60-64	Peter Rushen	2021	37:02.5
65-69	Not Claimed		
70+	Not Claimed		

At the time of setting, Ron Clarke's time was a world record.

This event does not have an U18 only race.



# **3,000m Steeplechase** (91.4cm.)

**Open      Robert Gilfillan      8.31.4**

Set at: Melbourne on 6/10/1980

<b>Junior</b>		<b>Set</b>	<b>Performance</b>
Under 18	Steele Irish	1992	9:18.1
Under 20	Robert Walczak	1969	9:10.6
Under 20	Anthony Neal	1999	9.03.7
<b>Masters</b>			
35-39	Peter Macknamara	2013	10:13.5
40-44	Peter Macknamara	2015	10:00.07
45-49	Peter Macknamara	2018	10:20.7
50-54	Kevin Mannix	2021	11:37.55
55-59	Michael Ryan	2018	15:17.5
60-64	Eric Sigmont	2010	12:55.44
65-69	Not Claimed		
70+	Not Claimed		

# **Sprint Hurdles** (10ft 106.7cm)

**Open**      **Christopher Douglas**      **13.65**

Set at: Brisbane 9/04/2022

<i><b>Juniors</b></i>		<i><b>Set</b></i>	<i><b>Performance</b></i>
<b>80m 8ft 76.2cm</b>			
Under 13	William Wong	2019	13.4
<b>90m 9ft 76.2cm</b>			
Under 14	William Wong	2019	12.35
<b>100m 10ft 84cm</b>			
Under 14	Matthew Miliias	2023	14.28
Under 15	William Wong	2021	13.35
Under 16	William Wong	2021	13.05
<b>110m 10ft 91.4cm</b>			
Under 17	William Wong	2022	13.84
Under 18	William Wong	2023	13.74
<b>10ft 99.1cm</b>			
Under 20	Rohan Robinson	1990	14.8
<b>Masters</b>			
<b>10ft 99.1cm</b>			
35-39	Kulan Ranasinghe	2015	18.03
40-44	Kulan Ranasinghe	2019	16.98
45-49	Greg Varigos	2007	17.7
<b>10ft 91.4cm</b>			
50-54	Hans Meiselbach	1980	19.2
55-59	Max Binnington	2004	16.5
60-64	Hans Meiselbach	1990	20.0
65-69	Not Claimed		
70+	Not Claimed		

Note: (??.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for short hurdles.

# **400m Hurdles.** (10ft 91.4cm)

**Open**      **Rohan Robinson 48.28**

Set at: Atlanta USA 31/7/1996

<i><b>Juniors</b></i>		<i><b>Set</b></i>	<i><b>Performance</b></i>
<b>200m. 10ft 76.2cm</b>			
Under 14	Matthew Milias	2023	26.38
Under 15	Matthew Milias	2023	25.61
Under 16	Andrew McGrath	2013	25.37
<b>400m. 10ft 84cm</b>			
Under 17	Rohan Robinson	1988	54.2
Under 18	Rohan Robinson	1990	51.2
<b>400m 10ft 91.4cm</b>			
Under 20	Rohan Robinson	1992	49.35
<b>Masters</b>			
<b>10ft 91.4cm</b>			
35-39	Kulan Ranasinghe	2015	55.59
40-44	Kulan Ranasinghe	2019	59.55
45-49	Max Binnington	1996	58.8
<b>10ft 84cm</b>			
50-54	Hans Meiselbach	1981	65.1
55-59	Hans Meiselbach	1984	68.09
60-64	Peter Colthup	1981	83.8
<b>300h</b>			
65-69	Hans Meiselbach	1994	53.2
70+	Not Claimed		

Note: (?.?h) indicates hand timed. The international standard is to add 0.14s to the handheld time to equate with an electronic time for 400m and 400m hurdles.

# **1,500m Walk**

**Open**      **Rhydian Cowley 5:29.0**

Set at: interclub in 2014

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Anthony Keeshan	1981	7:42.0
Under 14	David Dillon	1967	7:14.2
Under 15	Anthony Keeshan	1982	6:41.3
Under 16	Domenic McGrath	1988	6:24.35
Under 17	Domenic McGrath	1988	6:24.35
Under 18	Domenic McGrath	1990	6:19.3
Under 20	Domenic McGrath	1990	6:19.3
 <b>Masters</b>			
35-39	Peter Buller	1982	6:29.0
40-44	Bill Dillon	1979	6:52.0
45-49	Peter Buller	1991	6:47.0
50-54	Phil Hutton	2001	8:03.2
55-59	Phil Hutton	2002	8:35.1
60-64	Phil Hutton	2007	8:55.1
65-69	Jim Short	1991	8:52.9
70-74	Ralph Bennett	2016	8:15.21
75-79	Ralph Bennett	2018	8:45.13

# **2,000m Walk**

**Open      Rhydian Cowley      7:29.1**

Set in: 2014.

<b><i>Juniors</i></b>		<b><i>Set</i></b>	<b><i>Performance</i></b>
Under 14	Andrew Almond	1991	12:13.0
Under 15	Scott Hutton	1990	11:00.8
Under 16	Domenic McGrath	1987	9:14.0
Under 17	Domenic McGrath	1989	9:14.0
Under 18	Domenic McGrath	1990	8:53.0
Under 20	Rhydian Cowley	2011	7:54.0
<b><i>Masters</i></b>			
35-39	Ross Reid	1994	8:36.8
40-44	Ross Reid	1995	8:43.2
45-49	Ross Reid	2002	8:54.6
50-54	Peter Buller	1995	10:21.0
55-59	Phil Hutton	2001	11:00.4
60-64	Jim Short	2010	11:23.4
65-69	Jim Short	1991	11:52.0
70-74	Ralph Bennett	2016	11:34.4
75-79	Ralph Bennett	2019	11:55.4



# **3,000m Walk**

**Open    Rhydian Cowley      11:33.10**

Set in: 2015

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 16	Rhydian Cowley	2007	13:35.8
Under 17	Rhydian Cowley	2007	12:51.8
Under 18	Rhydian Cowley	2010	12:33.89
Under 20	Rhydian Cowley	2011	12:22.0
 <b>Masters</b>			
35-39	Ross Reid	1994	12:47.8
40-44	Ross Reid	1996	13:13.6
45-49	Ross Reid	2001	13:33.0
50-54	Peter Buller	1995	16:19.0
55-59	Phil Hutton	2003	17:36.1
60-64	Jim Short	1985	17:10.6
65-69	Jim Short	1990	18:19.0
70-74	Ralph Bennett	2016	17:06.8
75-79	Ralph Bennett	2019	17:33.6
80-84	Gus Theobald	1979	19:11.0
85-89	Gus Theobald	1982	19:31.0
90+	Gus Theobald	1989	21:21.0

# 5,000m Walk

**Open**      **Rhydian Cowley**      **19:01.44**

Set at: Melbourne March 2023

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 16	Rhydian Cowley	2007	24:39.4
Under 17	Rhydian Cowley	2007	22:19.4
Under 18	Rhydian Cowley	2008	21.43.36
Under 20	Rhydian Cowley	2011	20:54.0
<b>Masters</b>			
35-39	Ross Reid	1990	22:10.9
40-44	Ross Reid	1995	22:48.0
45-49	Ross Reid	2001	22:57.0
50-54	Peter Buller	1996	28:29.0
55-59	Not Claimed		
60-64	Tony Doran	2013	33:33.34
65-69	Tony Doran	2017	35:11.27
70-74	Gus Theobald	1971	30:42.0
75-79	Ralph Bennett	2017	31:28.26
80-84	Gus Theobald	1977	30:42.0
85-89	Gus Theobald	1982	33:14.2
90+	Gus Theobald	1987	35:09.5









# **Decathlon**

## **Under 20**                      **Charles Weisz 1995. 6679 pts**

100m	11.24
400m	52.4
High Jump	1.83m
Long Jump	6.42m
Shot put	12.59m
1500m	4:42.39
110m Hurdles	16.62
Pole Vault	4.10m
Discus	40.48m
Javelin	48.52m

## **Open**                              **Adrian Hemery 2005. 6765 pts**

100m	11.57
400m	51.71
High Jump	1.88m
Long Jump	6.84m
Shot Put	12.62m
1500m	4:49.29
110m Hurdles	15.41
Pole Vault	4.10m
Discus	34.04m
Javelin	48.10m

## **Masters**                        **Alex Newman 2018. 3810 pts**

100m	12.66
400m	60.95
High Jump	1.50m
Long Jump	4.74m
Shot Put	9.79m
1500m	6:05.00
110m Hurdles	23.72
Pole Vault	3.30m
Discus	33.09m
Javelin	36.43m

# Heptathlon

**U15 Jaikiah Honner**                      **2022.**                      **3913 points**

200m	24.47 (-0.4) (652pts)
Javelin	35.47m (377pts)
Shot Put	11.23m (560pts)
1500m	4:59.70 (561pts)
100m Hurdles	16.39 (1.2) (689pts)
High Jump	1.64m (496pts)
Long Jump	5.96m (1.0) (578pts)

**U16 Cooper Acklom**                      **2023.**                      **3836 points**

200m	24.40 (0.8) (658pts)
Javelin	39.46m (434pts)
Shot Put	13.11m (674pts)
1500m	5:51.41 (300pts)
100m Hurdles	14.24 (1.0) (944pts)
High Jump	1.50m (389pts)
Long Jump	5.28m (0.3) (437pts)



# **High Jump**

**Open      Tim Forsyth      2.36m**

Set at: Melbourne 2/3/1997

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Jason Robertson	1983	1.73m
Under 14	Lochlan Curry	2017	1.90m
Under 15	Lochlan Curry	2018	1.94m
Under 16	Thomas Donovan	1998	2.00m
Under 17	Tim Forsyth	1990	2.11m
Under 18	Tim Forsyth	1991	2.25m
Under 20	Tim Forsyth	1993	2.35m

## **Masters**

35-39	Jeff Lang	2004	1.70m
	Greg Varigos	1993	1.70m
40-44	Jeff Lang	2006	1.85m
45-49	Greg Varigos	2004	1.59m
50-54	Hamish Marshall	2019	1.55m
55-59	Hans Meiselbach	1985	1.35m
60-64	Werner Widera	1983	1.35m
65-69	Werner Widera	1987	1.40m
70-74	Werner Widera	1995	1.25m
75+	Not Claimed		

# Long Jump

**Open      Nabil Adamou      7.89m**

Set at: 4/3/2001 at Brisbane

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Andrew Taylor	1980	5.32m
Under 14	Taishi Nakase	2012	6.39m
Under 15	Taishi Nakase	2012	6.39m
Under 16	Neil Lahy	1982	6.52m
	Richard Wilson	1996	6.52m
Under 17	Neil Lahy	1982	7.01m
Under 18	Brett Vanderwyk	1986	7.32m
Under 20	Brett Vanderwyk	1986	7.32m
<b>Masters</b>			
35-39	Jeff Lang	2003	5.17m
40-44	Max Binnington	1994	5.99m
45-49	Hans Meiselbach	1978	4.62m
50-54	Max Binnington	2001	6.12m
55-59	Hans Meiselbach	1984	4.45m
60-64	Werner Widera	1987	4.69m
65-69	Werner Widera	1988	4.26m
70+	Werner Widera	1995	3.75m

# Triple Jump

**Open                  Philip May                  16.29m**

Set in: 23/10/1967

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 13	Simon Fenton	1980	11.52m
Under 14	Simon Fenton	1982	12.23m
Under 15	Nicholas Edwards	2011	12.58m
Under 16	Paul Sparks	1981	13.75m
Under 17	Paul Sparks	1981	13.97m
Under 18	Mark Conway	1965	14.53m
Under 20	Achilles Kelepouris	1994	14.72m
<b>Masters</b>			
35-39	Jeff Lang	2004	11.12m
40-44	Ian Sivell	1982	12.08m
45-49	Stuart Mackie	2019	9.18m
50-54	Max Binnington	2001	12.08m
55-59	Hans Meiselbach	1985	9.21m
60-64	Werner Widera	1983	8.73m
65-69	Not Claimed		
70-74	Roy Foley	1987	6.52m
75+	Not Claimed		



# **Shot Put**      (7.26kg)

**Open**    **Ray Rigby**      **18.14m**

Set at: Melbourne 4/3/1983

<b>Juniors</b>			<b>Set</b>	<b>Performance</b>
Under 13	3kg	Kym Jones		10.43m
Under 14	3kg	Hamish Nelson	2003	12.99m
Under 15	4kg	Cooper Acklom	2023	13.16m
Under 16	4kg	Tim Driesen	1999	15.83m
Under 17	5kg	Henry Satupai	2006	15.58m
Under 18	5kg	Henry Satupai	2007	16.61m
Under 20	6kg	Henry Satupai	2008	15.18m

## **Masters**

35-39	7.26kg	Russell Short	2004	14.75m
40-44	7.26kg	Russell Short	2012	14.70m
45-49	7.26kg	Russell Short	2016	15.10m
50-54	6kg	Andrew Crawley	2019	11.08m
	7.26kg	Russell Short	2020	13.75m
55-59	6kg	Andrew Crawley	2021	11.19m
60-64	5kg	Roy Foley	1978	12.18m
65-69	5kg	Roy Foley	1982	11.03m
70-74	4kg	Roy Foley	1990	10.96m
75-79	4kg	Roy Foley	1993	9.78m
80+	3kg	Roy Foley	1999	7.66m

## **Discus** (2kg)

**Open Vlad Slavnic 56.88m**

Set in: 1982

<b>Juniors</b>			<b>Set</b>	<b>Performance</b>
Under 13	1.0kg	Trevor Homewood	1984	37.44m
Under 14	1.0kg	Aldo DiPetta	1986	50.04m
Under 15	1.0kg	Steve Partsanis	1994	63.76m
Under 16	1.0kg	Steve Partsanis	1995	72.68m
Under 17	1.5kg	Greg LaRose	1984	52.64m
Under 18	1.5kg	Greg LaRose	1984	53.96
Under 20	2kg	Greg LaRose	1984	48.92m
<b>Masters</b>				
35-39	2kg	Russell Short	2004	42.20m
	1kg	Guy Henly (F37)	2023	50.74m
40-44	2kg	Russell Short	2010	41.53m
45-49	2kg	Russell Short	2017	38.64m
50-54	1.5kg	Andrew Crawley	2020	36.80m
	2kg	Russell Short	2023	37.39m
55-59	1.5kg	Andrew Crawley	2020	36.51m
60-64	1kg	Roy Foley	1977	42.46m
65-69	1kg	Roy Foley	1982	42.00m
70-74	1kg	Roy Foley	1988	38.48m
75-79	1kg	Roy Foley	1992	35.50m
80+	1kg	Roy Foley	2001	24.68m

# **Hammer Throw**      7.26kg

**Open      Peter Baxevanis      74.58m**

Set at: Melbourne 12/2/1992

## **Juniors      Set      Performance**

4kg

Under 14	Caeden Parkinson	2019	39.98m
Under 15	Caeden Parkinson	2019	39.98m
Under 16	Riley Thompson	2015	49.37m

5kg

Under 17	Adam Daldry	2004	35.22m
Under 18	Adam Daldry	2004	35.22m

6kg

Under 20	Henry Satupai	2009	40.11m
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## **Masters**

7.26kg

35-39	Roy Foley	1955	40.31m
40-44	Ben Hodgens	2014	34.86m
45-49	Michael Childs	2002	34.21m

6kg

50-54	Andrew Crawley	2020	33.83m
55-59	Roy Foley	1976	42.10m

5kg

60-64	Roy Foley	1977	39.80m
65-69	Roy Foley	1984	43.44m

4kg

70-74	Roy Foley	1987	47.84m
75-79	Roy Foley	1992	40.88m

3kg

80-84	Roy Foley	1999	25.27m
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85+                  Roy Foley                                  2002                  16.92m

## ***Javelin (800g)***

***Open                  Andrew Martin                  84.20m***

Set at: Gold Coast 5/8/2000

### ***Juniors    Set                  Performance***

#### ***600g***

Under 13	Steven Brown	1980	34.14m
Under 14	John Adamopoulos	1981	45.28m
Under 15	John Adamopoulos	1982	48.76m

#### ***700g***

Under 16	Andrew Martin	1996	56.12m
Under 17	Andrew Martin	1997	59.78m
Under 18	Andrew Martin	1998	69.40m

#### ***800g***

Under 20	Andrew Martin	1999	73.94m
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### ***Masters***

#### ***800g***

35-39	Not Claimed		
40-44	Alexander Newman	2019	38.65m
45-49	Hans Meiselbach	1980	33.49m

#### ***700gm***

50-54	Hans Meiselbach	1982	30.89m
55-59	Roy Foley	1975	32.94m

#### ***600gm***

60-64	Werner Widera	1982	32.84m
65-69	Roy Foley	1984	22.08m

#### ***500gm***

70-74	Roy Foley	1988	20.94m
75-79	David Wookey	2017	25.30m

#### ***400gm***

80+	Roy Foley	2001	14.75m
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# **Half Marathon**

**Open      Robert DeCastella      1:01.18**

Set at: Milan Italy, 4/4/1982

<b>Junior</b>		<b>Set</b>	<b>Performance</b>
Under 20	Rhydian Cowley	2011	1:09.48
<b>Masters</b>			
35-39	Not Claimed		
40-44	Craig Semple	2014	1:11.11
45-49	Eric Sigmont	1993	1:14.29
50-54	Andrew McEvoy	2022	1:16:24
55-59	Peter Rushen	2017	1:22.17
60-64	Peter Rushen	2020	1:24.59
65-69	Len Johnson	2014	1:37.05
70+	Not Claimed		

# **Marathon**

**Open                  Robert DeCastella                  2:08.18**

Set at: 1981 Fukuoka Marathon

<b>Juniors</b>		<b>Set</b>	<b>Performance</b>
Under 20	Arthur Kingsland	1978	2:32.49

## **Masters**

35-39	Not Claimed		
40-44	Trevor Vincent	1982	2:31.05
45-49	Trevor Vincent	1983	2:42.05
50-54	Andrew McEvoy	2022	2:44.56
55-59	Peter Rushen	2018	2:55.05
60-64	Peter Rushen	2022	2:57.37
65-69	Eric Sigmont	2018	4:47.10
70- 74	Eric Sigmont	2018	5:28.35
75+	Not Claimed		

At the time of setting, Robert DeCastella's time was a world record.