## WORLD MASTERS CHAMPIONSHIPS

## Updated at 1 April 2022

Summary: First held in 1975 and then bi-annually.

## 26 Club athletes have won 31 medals; G 21, S 4, B 6

	Year					Performance
	1001	1975 Tor	onto, Canada			
1	1975	Gus Theobald	5000m Walk	70+	DISQ	_
	17.0	1977 Gothenborg, Sweden			Disq	
2	1977	Roy Foley	Discus	60+	BRONZE	42.42m (1kg)
_	27.7	Roy Foley	Hammer	60+	4	39.80m (6kg)
		Roy Foley	Javelin	60+	9	21.26m (600g)
		Roy Foley	Shot Put	60+	12	12.13m (4kg)
		Hank Wijngaarden	Marathon	40+	4	2:33.23
		Hank Wijngaarden	5000m	40+	36	16:07.2
		Gus Theobald	5000m Walk	80+	GOLD	30:42.0 CR
		Gus Theobald	20km Walk	80+	GOLD	2:11.54.4 CR
			ver, Germany			
3	1979	Hans Meiselbach	400m	50+	4 <sup>th</sup> Semi	56.80
		Hans Meiselbach	800m	50+	3 <sup>rd</sup> Ht 3	2:12.5
		Hans Meiselbach	110m Hurdles	50+	4 <sup>th</sup> Ht 2	19.81 (91.4cm)
		Hans Meiselbach	400m Hurdles	50+	BRONZE	63.67 (84 cm)
		Hank Wijngaarden	5000m	45+	13 <sup>th</sup>	16:36.5
		Hank Wijngaarden	10000m	45+	9 <sup>th</sup>	34:28.2
		Hank Wijngaarden	Marathon	45+	15 <sup>th</sup>	2:43.09
		Roy Foley	Shot Put	60+	26 <sup>th</sup>	10.32m (4kg)
		Roy Foley	Discus	60+	16 <sup>th</sup>	33.76m (1kg)
		Roy Foley	Hammer	60+	4 <sup>th</sup>	38.24m (6kg)
		Lesley Foley	Shot Put	50+	10 <sup>th</sup>	6.58m (3kg)
		Lesley Foley	Discus	50+	7 <sup>th</sup>	19.64m (1kg)
		Lesley Foley	Javelin	50+	SILVER	19.10m (400g)
			stchurch, NZ			
4	1981	Hans Meiselbach	400m	50+	3 <sup>rd</sup> Ht 4	59.49
		Hans Meiselbach	800m	50+	5 <sup>th</sup> SF 2	2:15.70
		Hans Meiselbach	110m Hurdles	50+	5 <sup>th</sup> Ht 3	21.39
		Hans Meiselbach	400m Hurdles	50+	BRONZE	65.10
		Gus Theobald	5000m Walk	80+	GOLD	32:46.0
		Gus Theobald	20km Walk	80+	GOLD	2:22.12
		Trevor Vincent	5000m	40+	BRONZE	14:55.33
		Trevor Vincent	10000m	40+	6 <sup>th</sup>	31:47.70
		Trevor Vincent	Marathon	40+	12 <sup>th</sup>	2:34.57

		1993 Mi	yazaki, Japan			
				+	+	1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
		Roy Foley	Hammer Throw	70+	5th	39.70m
9	1991	Roy Foley	Wt Pentathlon	70+	GOLD	3741 pts
			urku, Finland			
		Gus Theobald	20km Walk	90+	GOLD	2:41.43.0
		Gus Theobald	5000m Walk	90+	GOLD	39:49.0
		Roy Foley	Discus	70+	6 <sup>th</sup>	36.96m
Ø	1707	Roy Foley Roy Foley	Wt Pentathlon	70+	GOLD	+3.00III
8	1989	Roy Foley	Eugene, USA Hammer	70+	GOLD	43.80m
		-	200m	40+	/ пі4	30.13
		Margaret Dunbar Daisy Irwin-Drew	100m	50+ 40+	7 <sup>th</sup> Ht 4	14.55
		Margaret Dunbar	200m	50+	4 <sup>th</sup> 4 <sup>th</sup>	29.74
		Peter Buller	20km Walk	40+	11 <sup>th</sup>	1:46.19.0
		Peter Buller	5000m Walk	40+	7 <sup>th</sup>	23:50.50
		Gus Theobald	5000m Walk	90+	GOLD	35:18.54
		Gus Theobald	20km Walk	90+	GOLD	2:35.47.0
		Terry Harrison	Marathon	40+	16 <sup>th</sup>	2:36.14.0
		Terry Harrison	10000m	40+	19 <sup>th</sup>	32:44.61
		Hank Wijngaarden	5000m	50+	42 <sup>nd</sup>	18:28.0
		Robert Welsh	Marathon	40+	45 <sup>th</sup>	2:45.52
		Robert Welsh	5000m	40+	35 <sup>th</sup>	16:46.29
		Trevor Vincent	10km X Country	45+	14 <sup>th</sup>	34:49.0
		Alan Irwin	10km X Country	45+	34 <sup>th</sup>	36:35.0
		Hans Meiselbach	400m Hurdles	55+	5 <sup>th</sup> Ht 1	72.40
		Roy Foley	Wt Pentathlon	70+	GOLD	2614pts
7	1987	Roy Foley	Hammer	70+	GOLD	45.24m
	10		ne, Australia	<u> </u>		1.7.2.1
		Isobelle DeNeefe	Shot Put	50+	6 <sup>th</sup>	10.23m
		Isobelle DeNeefe	Discus	50+	SILVER	34.82m
		Gus Theobald	20km Walk	85+	GOLD	2:35.11.20
		Gus Theobald	5000m Walk	85+	GOLD	34:53.90
		Roy Foley	Discus	65+	9 <sup>th</sup>	38.46m
		Roy Foley	Shot Put	65+	23 <sup>rd</sup>	9.29m
6	1985	Roy Foley	Hammer	65+	GOLD	43.04m
		1985	Rome, Italy			
		Roy Foley	Pentathlon	65+	9 <sup>th</sup>	2028pts
		Roy Foley	Hammer	65+	4 <sup>th</sup>	37.20m
		Roy Foley	Javelin	65+	9 <sup>th</sup>	22.08m
		Roy Foley	Shot Put	65+	13 <sup>th</sup>	10.28m
5	1983	Roy Foley	Discus	65+	BRONZE	39.84m
		<u> </u>	, Puerto Rico			
		Margaret Dunbar	Discus	40+	6 <sup>th</sup>	26.84m
		Margaret Dunbar	Shot Put	40+	7 <sup>th</sup>	8.58m
		Margaret Dunbar	200m	40+	6 <sup>th</sup>	28.39
		Margaret Dunbar	100m	40+	6 <sup>th</sup>	13.46
		Peter Colthup	Cross Country	55+	37 <sup>th</sup>	44:12.0
		Peter Colthup	5000m	55+	43 <sup>rd</sup>	20:42.4
		Hank Wijngaarden	Marathon	45+	9 <sup>th</sup>	2:42.43

		Roy Foley	Discus	75+	GOLD	33.95m
		Roy Foley	Wt Pentathlon	75+	SILVER	4009pts
		Roy Foley	Shot Put	75+	6 <sup>th</sup>	9.48m
		· ·	uffalo, USA	1.5		711022
11	1995	Roy Foley	Hammer	75+	SILVER	35.10m
	1,,,,	Roy Foley	Shot Put	75+	17 <sup>th</sup>	8.69m
		Roy Foley	Discus	75+	6 <sup>th</sup>	31.72m
		Roy Foley	Wt Pentathlon	75+	5 <sup>th</sup>	3406pts
			n, Sth Africa	131	<u> </u>	3 <del>4</del> 00pts
12	1997	Tony Doran	5000m Walk	45+	10 <sup>th</sup>	28:29.84
14	1997	Tony Doran	20km Walk	45+	10 11 <sup>th</sup>	2:11.16
					60 <sup>th</sup>	
		Tony Doran	8km XC	45+	60	42:02.0
12	1000		ad, England	00.	CHAPP	25.27
13	1999	Roy Foley	Hammer	80+	SILVER	25.27m
		Roy Foley	Shot Put	80+	5 <sup>th</sup>	7.66m
		Roy Foley	Discus	80+	4 <sup>th</sup>	22.52m
		Roy Foley	Wt Pentathlon	80+	BRONZE	3218pts
			<u> </u>			
	2001		ad, England	70	o =th	2.17.76
14	2001	Eric Sigmont	800m	50+	27 <sup>th</sup>	2:15.56
		Greg Varigos	110m Hurdles	40+	15 <sup>th</sup>	19.82
		Greg Varigos	High Jump	40+	12 <sup>th</sup>	1.60m
		Ross Reid	5000m Walk	45+	8 <sup>th</sup>	24:23.72
		Ross Reid	20km Walk	45+	9 <sup>th</sup>	1:50.54.0
		Mick Davin	8km X Country	50+	83 <sup>rd</sup>	41:45.0
		Mick Davin	1500m	50+	50 <sup>th</sup>	6:00.64
		Tony Doran	20km Walk	45+	15 <sup>th</sup>	2:09.15.0
		Tony Doran	8km X Country	45+	69 <sup>th</sup>	38:25.0
		Alan Irwin	1500m	55+	30 <sup>th</sup>	5:27.30
		Alan Irwin	8km X Country	55+	56 <sup>th</sup>	37:53.0
		Roy Foley	Discus	80+	6 <sup>th</sup>	21.33m
		Roy Foley	Hammer	80+	BRONZE	20.84m
		Roy Foley	Javelin	80+	13 <sup>th</sup>	14.75m
		Roy Foley	Wt Pentathlon	80+	5 <sup>th</sup>	2452pts
		2003 Carolina,	Peurto Rica			
15	2003	No Competitors				
		1	stian, Spain			
16	2005	No Competitors	, . <u></u>			
	2000	*	ccione, Italy			
17	2007	No Competitors				
- /	2007	2009 Lahti, Finland				
18	2009	No Competitors	ino, rimanu			
10	2007	2011 Sacramento, USA				
10	2011		100m	35+	9 <sup>th</sup> Semi	11.42
19	2011	Leigh Phelan			10 <sup>th</sup> Semi	
		Leigh Phelan	200m	35+	10 Semi	23.37

		Leigh Phelan	400m	35+	5 <sup>th</sup>	51.20
		Geoff Pittman	400m	35+	6 <sup>th</sup>	51.32
		2013 Porto Ale	egra, Brazil			
20	2013	Tony Doran	5000m Walk	60+	16 <sup>th</sup>	33:33.34
		Tony Doran	10km Walk	60+	18 <sup>th</sup>	1:12.59.0
		-	on, France			
21	2015	No Competitors				
		2016 Perth	i, Australia			
22	2016	Ralph Bennett	5000m Walk	70+	6 <sup>th</sup>	30:17.34
		Heather Carr	5000m Walk	65+	GOLD	29:03.99
		Heather Carr	10km Walk	65+	GOLD	59:38.0
		Heather Carr	20km Walk	65+	GOLD	2:06.45
		Heather Carr	2km Steeple	65+	BRONZE	10:50.02
		Geoff Pittman	400m	40+	7 <sup>th</sup>	52.50
		Leigh Phelan	200m	40+	7 <sup>th</sup>	23.03
		Michael Soussan	1500m	45+	10 <sup>th</sup>	4:35.90
		Michael Ryan	8km XCountry	50+	29 <sup>th</sup>	35:42.08
		Michael Ryan	5000m	50+	30 <sup>th</sup>	20:49.41
		John Zeleznikow	Half Marathon	65+	30 <sup>th</sup>	3:48.41
		2018 Mala	ga Spain			
23	2018	Ralph Bennett	10000m Walk	75+	GOLD	1:04.28
		Ralph Bennett	5000m Walk	75+	SILVER	31:38.26
		Gwen Steed	5000m Walk	75+	4 <sup>th</sup>	36:50.55
		Tony Doran	5000m Walk	65+	16 <sup>th</sup>	35:11.7
		Sandra Howarth	Hammer Throw	55+	27 <sup>th</sup>	33.00m
		Sandra Howarth	Shot Put	55+	23 <sup>rd</sup>	7.68m
		Sandra Howarth	10000m Walk	55+	27 <sup>th</sup>	1:21.20
		Sandra Howarth	Discus	55+	27 <sup>th</sup>	19.18m
		Sandra Howarth	Javelin	55+	26 <sup>th</sup>	15.00m
		Andrew Crawley	Hammer Throw	50+	19 <sup>th</sup>	31.00m
		Andrew Crawley	Shot Put	50+	26 <sup>th</sup>	11.08m
24		<b>2020</b> Toront				
		Not held due to Covid 19				